Calgary metro
MONDAY, NOVEMBER 30, 2015

OLYMPIA LIQUOR

COLD BEER & WINE

Grand OPENING

2 NEW LOCATIONS

OLYMPIA LIQUOR
COLD BEER & WINE
4614 Macleod Tr. SW.
46 Avenue & Macleod Tr.
In Marquee Plaza

OLYMPIA LIQUOR
COLD BEER & WINE
#114 -438 36 St. NE
West of Marlborough
Walmart parking lot

FRIENDLY SERVICE BEST SELECTION EVERYDAY LOW PRICES OLYMPIALIQUOR.CA

STAMPEDETOYOTA.COM

HELD OVER
MONDAY & TUESDAY
NO EXCEPTIONS!

NEW UNITS ARRIVING DAILY! SALE ENDS NOVEMBER 28TH

BLACK FRIDAY

2016 TOYOTA TACOMA TRD DOUBLE CAB

STANDARD FEATURES INCLUDE:
6.1D Touchscreen Audio with Voice Recognition, USB Input and Bluetooth® Capability Power Windows and Door Locks, Power Adjustable Exterior Mirrors, Removable Locking Tailgate, Halogen Headlamps, Fog Lamps, Toyota's Star Safety System

$222 BW +gst

2016 TOYOTA RAV4 LE AWD

STANDARD FEATURES INCLUDE:
Steering Wheel Audio & Bluetooth® Controls, Cruise Control, Air Conditioning, 60/40 Split Folding and Reclining Second-Row Seats, Power Windows, Toyota's Star Safety System

$170 BW +gst

STAMPEDE TOYOTA

2508-24 AVE NE

1.866.938.1518

YEAR END COUNTDOWN

PAYMENTS DISPLAYED ARE BASED ON TACOMA $37,288 + GST ONLY AND RAV4 $28,584 + GST ONLY, WITH A 96 MONTH TERM AT 4.34%. SEE DEALER FOR COMPLETE DETAILS. THE OFFER ENDS AT CLOSE OF BUSINESS SATURDAY NOVEMBER 28, 2015. SEE DEALER FOR DETAILS.

CAREER GROWTH

Make the pieces fit.
Become a CPA.

Register for the next semester of the CPA Prerequisite Education Program by December 23.

CPA CHARTERED PROFESSIONAL ACCOUNTANTS ALBERTA

cpaalberta.ca/Become-a-CPA

Calgary metro

Your essential daily news | MONDAY, NOVEMBER 30, 2015 | High 7°C/Low -5°C Sunny

metroSPORTS

The story behind the photographs

Exhibition highlights the art of Beakerhead festival volunteers metroNEWS

Bhullar's work will continue

IN MEMORIAM

Thousands gather to pay respects for influential MLA

Krista Sylvester
For Metro | Calgary

His video tribute said it all.

With almost 3,000 people paying their respects in person, 35-year-old Manmeet Bhullar was fondly remembered on Sunday during a state memorial for being one of the most influential and instrumental politicians of his generation since being elected into the Alberta legislature in 2008.

But more than that, Bhullar is being remembered for his passion, his kindness and his mission to help make the world a better place. "You recognize his accomplishments and celebrate his life but you're sad that he's not here," federal Minister of Veterans Affairs and friend Kent Hehr said after the service.

"But you go forward and build from the many of the words he said and the actions he went forward on. We try to get along in life and learn from other people's examples and I hope people follow his."

Known as a tireless advocate, Bhullar's latest mission as a member of the Alberta Opposition was to help religious minorities in other countries such as Afghanistan. While he will not get to finish what he started, his work won't be in vain.

"Just reach out to five people and make a difference in their life," Bhullar had told good friend Tony Dhaliwal.

Judging from the reactions of thousands paying their respects on Sunday, that's exactly what many plan to do for the man described as a real-life Superman.

> **You recognize his accomplishments and celebrate his life but you're sad that he's not here.**
> Minister Kent Hehr

More coverage, page 10

Pounce on this Black Friday offer.

Get a $500 Visa® Prepaid Card, FREE TV hardware rental, and built-in home Wi-Fi® when you sign up for Optik TV™ and Internet for 3 years.*

Make the switch at **telus.com/pounceonvisa**
or visit your **TELUS store**.

TELUS
the future is friendly®

TELUS STORES

North East

Country Hills Town Centre

Marlborough Mall

Sunridge Mall

1353 32nd Ave. NE

2520 23rd St. NE

North West

Beacon Hill Shopping Centre

Market Mall

North Hill Centre

South East

Chinook Centre

Deerfoot Meadows

Shepard Centre

Southcentre Mall

3012 17th Ave. SE

4410 50th Ave. SE

4825 Macleod Trail S

6039 Centre St. S

6100 Macleod Trail S

7825 Flint Rd. SE

South West

Bankers Hall

Bow Valley Square

The Core

Shawnessy Shopping Centre

Westbrook Mall

Westhills Town Centre

321 6th Ave. SW

2008 33rd Ave. SW

4623 Bow Trail SW

Airdrie

2145 Summerfield Blvd.

Cochrane

201 Grand Blvd. W

Okotoks

31 Southridge Dr.

118 Elizabeth St.

Rocky View County

CrossIron Mills

Strathmore

55 Wheatland Trail

*Visa prepaid card offer available until November 30, 2015, while quantities last to TELUS customers who have not subscribed to TELUS TV or Internet service in the past 90 days. Offer includes a $500 Visa prepaid card. Prepaid card is issued by Peoples Trust Company pursuant to a license by Visa Int. The card is given to you as a reward, refund, rebate or gift and no money has been paid by you for the card. No cash access or recurring payments. Card valid for up to 12 months; unused funds will be forfeited at midnight EST the last day of the month of the valid thru date. Card terms and conditions apply; see MyPrepaidCenter.com/site/visa-univ-can. Cannot be combined with other promotional offers. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. TELUS reserves the right to modify channel lineups and packaging, and regular pricing without notice. The Essentials is required for all Optik TV subscriptions. Offer not available with TELUS Internet 6. Cancellation fee for early termination of a service agreement will be $10/mo. for the HD PVR and digital boxes multiplied by the number of months remaining in the term. Current rental rates apply at the end of the term. Rental equipment must be returned in good condition upon cancellation of service, otherwise the replacement cost will be charged to the account. TELUS, the TELUS logo, Optik, Optik TV, telus.com and the future is friendly are trademarks of TELUS Corporation, used under licence. All copyrights for images, artwork and trademarks are the property of their respective owners. © 2015 TELUS.

metro NEWS
Your essential daily news

Canadian ministers get a glimpse of life in Syrian refugee camps in Jordan. **Canada**

IN BRIEF

Driver dies in two-car crash
One woman was killed and three others were taken to hospital with injuries after a car swerved into oncoming traffic, colliding head-on with a minivan near Black Diamond Saturday night.

At 9:20 p.m., EMS said its units from Okotoks and Black Diamond responded to a two-vehicle collision on Highway 7 and 112 Street. Four people were involved in the crash, EMS said, but declared the 35-year-old female driver dead at the scene. METRO

Two men sought by police
The Calgary Police Service is seeking assistance in locating two men. Gaiven Singh Mahal, 18, is sought for uttering threats in connection with the incident. Mahal is East Indian, 5 feet 9 inches tall, 180 pounds, with brown eyes and black hair. Police are also seeking Davinder Singh Sanghera, 28. He is also East Indian, 5 feet 11 inches, 170 pounds, with brown hair and eyes. Anyone with information is asked to call police at 403-266-1234 or Crime Stoppers anonymously at 1-800-222-8477. METRO

RV fire hospitalizes man
Calgary Emergency Medical Services and RCMP responded to an RV fire on a rural property southeast of the city Sunday afternoon.

Paramedics found a man who had been in the RV near the site. He suffered upper body burns and was taken to hospital in serious condition. METRO

Residents question potential cycle lane

TRANSPORTATION

Parking would be removed by Home Road track: Citizen

Brodie Thomas
Metro | Calgary

Talk of a new bike lane in the northwest has people in the community of Montgomery asking why it's necessary.

The proposed bike lane would run along Home Road from 32 Avenue NW to 16 Avenue NW down a fairly steep hill.

The problem, according to local resident Trevor Dreher, is that cyclists already have a dedicated cycle track that will get them to the same spot in a slightly more roundabout way.

The cycle track on 52 Avenue is a less direct route, Dreher says, but it's also safer, with a hill that isn't as steep and a divider from traffic. He adds Home Road is still open to cyclists who want to go down the hill.

"If I'm super safety concerned, I've got a wonderful pathway system. If I want speed, then I've got a road that's not crazy busy. It's only one lane. I still have some room on the shoulders I can use."

Dreher doesn't think citizens on Home Road should lose their on-street parking.

Trevor Dreher thinks this cycle track on 52 Avenue NW should meet the needs of cyclists in the area. **Dreher is opposed to putting a bike lane on a nearby Home Road that would take away some homeowner's on-street parking.** BRODIE THOMAS / METRO

Acting transportation project co-ordinator Tom Thivener said the bike lanes are proposed as part of a larger proposal to upgrade the intersection at Home Road and 16 Avenue NW.

He says Home Road runs in a different direction than the dedicated cycle track on 52 Street.

"They're kind of going different directions but they do meet up and kind of complement each other," said Thivener.

He says Home Road has very little on street parking and space to spare, which is why the bike lanes are being suggested.

"We simply are looking at bike lanes (not a cycle track) because it has 7,000 cars a day on it or so. For those kinds of volumes, a bike lane is enough."

Coun. Ward Sutherland represents the community of Montgomery. He said from what he's seen, a majority of residents are against adding bike lanes along Home Road, and he agrees with them.

"Everything can't be the shortest path," said Sutherland. (Cyclists) go at too-high speeds going straightaway down too, which is dangerous."

CLIMATE CHANGE

Alberta to show new face in Paris

Ryan Tumilty
Metro | Edmonton

Premier Rachel Notley said her goal at the Paris climate change conference is to show the world that Alberta is finally taking the problem seriously.

Notley left Saturday to spend several days at the conference and said she knows Alberta has to be a major part of addressing climate change.

"Every community in every jurisdiction has an important role to play and of course that's especially true for energy producing jurisdictions like Alberta," she said.

The premier unveiled her climate change strategy last week, which focuses on eliminating coal, capping oilsands emissions and a carbon tax on both consumers and industrial emitters.

She said she would be selling that plan to the world.

"I am going to be looking to promote our plan and make sure key stakeholders in other jurisdictions understand we have set a very different course," she said.

Notley and Environment Minister Shannon Phillips will both attend the conference along with a few staff, for a total cost of $80,000. For the first time the cost of carbon offset credits is also included.

"We're going to be engaging in this as a best practice going forward."

Bodycams a go

HUMAN RIGHTS

Privacy czar clears way for cameras on city's officers

Lucie Edwardson
Metro | Calgary

With plans to continue expanding the body worn camera program to all frontline Calgary police service members over the next two years, CPS said privacy concerns are at the top of their list.

Deputy Chief Paul Cook, said CPS understands the "enormous" responsibility CPS has to ensure privacy concerns are addressed.

"Members of the public who are interacting with an officer with the Calgary police service should expect that that interaction will be recorded," he said.

"However, they can also be confident that the videos captured are treated like any other items of evidentiary value and will be stored on a server in a secure CPS facility."

In October of 2014, Jill Clayton, Alberta's privacy commissioner, voiced concerns about the body worn camera program in an open letter to former Chief Rick Hanson.

In the letter, Clayton urged CPS to file a Privacy Impact Assessment, which would address the CPS's ability to handle the endless amounts of private information they would gather from using body-worn cameras.

The Office of the Information and Privacy Commissioner (OIPC) launched a formal investigation into the CPS's plans for the body worn camera program in November of 2014.

Cook said Thursday that following a face-to-face meeting with the privacy commissioner, he was pleased to announce she had "given her support to the program."

Scott Sibbald, a spokesperson for the OIPC confirmed that between the time the investigation started last November, and the announcement Thursday, the OIPC had received a privacy impact assessment from CPS on the use of body-worn cameras.

He said although it has been seen and accepted, that doesn't always mean it's been sanctioned.

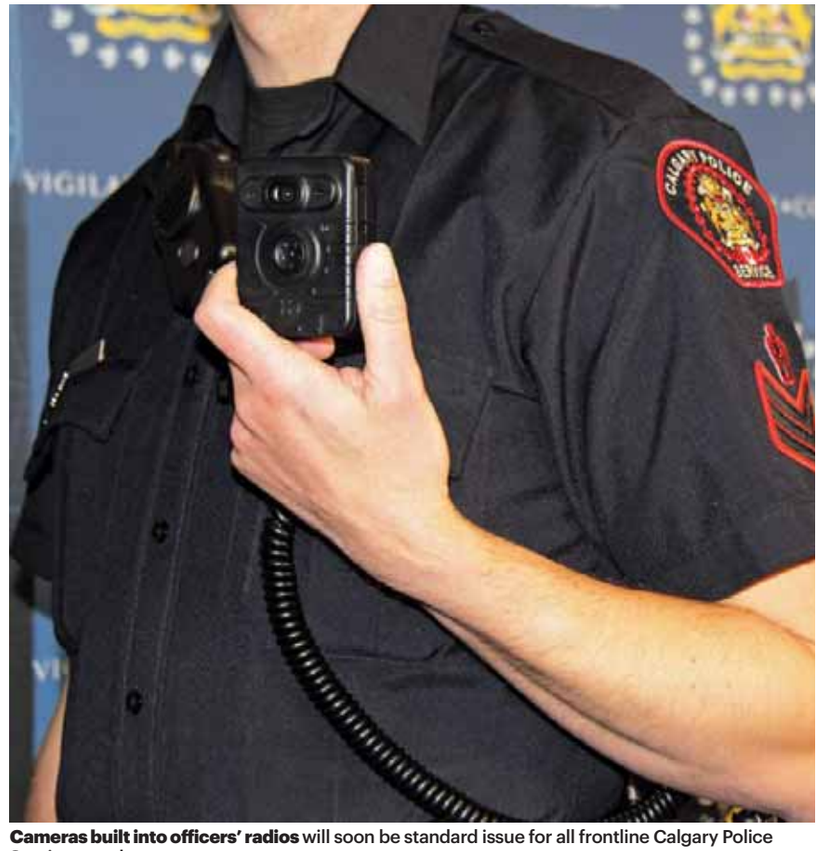
"The privacy impact assessment was accepted by the office — we review those and accept those," he said. "But it doesn't necessarily mean approval."

Sibbald said the OIPC has accepted the policies, procedures and mitigation plan from CPS to deal with privacy risks, but said the investigation into compliance issues is being dealt with in the ongoing investigation that began a year ago.

Findings from the investigation will be available in the coming weeks, said Sibbald.

Issues being investigated include how the information is safeguarded and secured, who has access, and how others can access footage.

CPS said in their presentation Thursday that they have addressed these issues, but said as time goes on policies and procedures will be subject to change to better address any issues that might arise.



Cameras built into officers' radios will soon be standard issue for all frontline Calgary Police Service members. LUCIE EDWARDSON / METRO

Become a Health Care Aide in less than 5 Months

- Government of Alberta Health Care Aide Certificate
- Employment services available
- Canadian Red Cross (CPR-Level HCP, Standard First Aid, AED)
- Advanced Medication Delivery Supportive Pathways, Palliative Care, WHMIS, Food Safety and Foot Care Courses
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

We help you receive Government funding & scholarships

ABM COLLEGE

403.719.4300
3880 - 29 Street NE, Calgary
www.abmcollege.com

We accept International Students

Other Job Ready Programs Starting Soon

Medical Office Assistant & Unit Clerk • Massage Therapy • Nail Technician
Make-Up Technician • Legal Assistant • Hospitality Business Management
Business Administration • Accounting & Payroll

WANNA WORK FOR US?

We're looking for awesome people to join our Award Winning team Retail Team!

- Full time or part time hours.
- Competitive pay and Incentives.
- Great Benefits and Employee Discounts.
- World Class Training and Development Programs.

Check us out at virginmobile.ca/CalgarySA

Virgin mobile

Remembering DURING the first blizzard...
is a bit too late

CANADIAN TIRE

CANADA'S AUTOMOTIVE STORE™

MICHELIN

SAVE $70†

WHEN YOU BUY 4

SELECTED MICHELIN TIRES

With Manufacture's Mail-in Rebate

†Mail-in rebate offer: on a set of 4 tires from October 1 to December 15, 2015. Taxes payable on price before rebate. See in-store or visit **www.canadian tire.ca/rebates** for rebate & offer details. Must purchase four of the same tire model in order to save $70. Balancing, taxes, eco fees are extra.

CANADA'S TIRE AUTHORITY!

3000 industry-licensed technicians in over 490 Service Centres

THE BEST TIRE GUARANTEE

All tire purchased, installed and balanced at Canadian Tire are automatically enrolled in our Tire Care Guarantee program

TIRE CARE GUARANTEE

5 Year limited warranty includes:
- ✓ FREE repairable damage
- ✓ FREE rotation every 10,000km
- ✓ FREE visual brake inspection every 10,000km

EXTENSIVE TIRE SERVICES

• Alignments • Tire Rotation • Flat Tire Repair • Tire Balancing • Tire pressure Monitoring System(TPMS) • Tire storage

APPOINTMENTS ARE RECOMMENDED, BUT NOT NECESSARY

At participating locations only. See in store for details.

CANADA'S GARAGE

FINANCING

AVAILABLE FOR YOUR AUTO SERVICE NEEDS

12 EQUAL MONTHLY PAYMENTS

NO FEE, NO INTEREST FINANCING*

When you spend $200 or more in Auto Service

*See in-store for more details. Min $200

TOTAL	$200	$400	$600	$800
MONTHLY PAYMENT**	$16.67	$33.33	$50.00	$66.67

WE SERVICE ALL MAKES AND MODELS!

Appointments are rcommended, but not necessary

CANADA'S GARAGE

CANADIAN TIRE

Did you know? All 9 Calgary Canadian Tire stores are owned and operated by Calgarians?

Locally owned • Locally operated • Locally Focused

Macleod Trail 403.278.3800
McKenzie Towne 403.257.5914
Pacific Place 403.248.4166
Deerfoot 403.295.2407
Dalhousie 403.288.1101
Shawnessy 403.201.3377
Westhills 403.246.1974
Country Hills NE 403.226.9555
Beacon Hill 403.456.6428

Forum aims to bridge gap

MEETING

Docs, LGBTQ community discuss health

Jeremy Simes
For Metro | Calgary

Medical student Shoghi Nikoo said he entered the field to understand how doctors can harm patients simply by the way they speak to them, particularly those in the LGBTQ community.

So Nikoo — and other members of Medical Students for Gender and Sexual Diversity — held a forum that brought doctors and the LGBTQ community together in Calgary for the first time.

The forum looked at how health-care providers can bridge relations with patients, who often feel isolated due to discrimination, Nikoo said.

He said patients can feel reluctant to see their doctors due to fear of being "verbally abused."

"It can be the words that come out of doctors' mouths, even if they're well-meaning," he said. "If they are aren't appropriate and in any way triggering, then that person will see the doctor as unsafe, and won't disclose information that's important for their health." For example, gay men may not tell their doctor their sexual orientation, causing them to forgo testing for HIV, which may increase the risk of their partners and themselves, he said.

Health issues regarding trans men and cervical cancer are also concerning, as many don't get Pap smears due to distrust, he added.

Medical student Shoghi Nikoo says patients can feel reluctant to see their doctors due to fear of being "verbally abused."
JEREMY SIMES/FOR METRO

Black Friday sale ends today.

Today is the last day to get up to $50 in service credits when you join WIND. Plus, check out our latest lineup of phones on sale from $0.

Hurry in while quantities last. Offer ends today.

nexus 6P	nexus6	SAMSUNG Galaxy Note5	LG G4	Huawei Ascend Mate2
$49	$0	$199	$0	$0
on WINDtab™	on WINDtab™	on WINDtab™	on WINDtab™	on WINDtab™

WIND

$100 credit offer starts at 5:00pm (local time) on November 26th, 2015 and ends at 1:00pm (local time) on November 27th, 2015. $50 credit offer starts at 1:00pm and ends at 11:59pm (local time) on November 30th, 2015. Get up to $100 or $50 in service credits when you activate on the Smartphone 40 plan or higher. The $100 will be issued in monthly increments of $5 for 10 months. The $50 will be issued in monthly increments of $5 for 5 months. Credits will start to be issued on customer's 2nd billing cycle date. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Black Friday phone sale ends November 30th. WINDtab terms and conditions apply. Applicable taxes extra. Learn more at windmobile.ca. Google, Nexus and Android are trademarks of Google Inc. LG and the LG logos are registered trademarks of LG Corp. and its affiliates. Samsung, and Samsung Galaxy Note 5 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. All other trademarks are property of their respective owners. WIND, WIND MOBILE and WINDTAB are trademarks of Wind Telecomunicazioni S.p.A.and are used under licence in Canada by WIND Mobile Corp. © 2015 WIND Mobile

FUNDRAISING

Rules to be created for charity work

Brodie Thomas
Metro | Calgary

Calgary city council is looking at bringing in regulations for councillors who want to raise funds for events or groups outside of political campaigns.

Ward 14 Coun. Peter Demong said he's been pushing for such regulations for a while because he knows some councillors want to do work for charities.

Every year he holds an event that has local businesses sponsoring citizens' community association enrolment costs.

Demong said local businesses provide cash donations for the event. A barbecue is held, and citizens from his ward come out to have fun and hopefully sign up for their community association membership without having to pay the fees — usually about $20.

"It raises awareness of what the community associations do for you," said Demong.

He said his office handles the money, but does so in a transparent way.

"I've been posting it online," he said. "Everything is accounted for. I do have a separate bank account. From what I can tell, I am doing everything by the book."

> **From what I can tell, I am doing everything by the book.**
> Coun. Peter Demong

Demong said the rules being proposed in Calgary come from policies in Ottawa and Toronto. He says having them down on paper will remove any doubt.

The only thing he hasn't been doing which the new rules would now require is filing an annual fundraising activity statement.

Coun. Shane Keating sits with Demong on the legislative governance task force, which will review the proposed rules on Tuesday.

He said personally, he stays away from handling money outside of campaigning.

"I don't mind promoting it if it's a great thing to promote — like Movember — but I would never collect any funds. I would automatically say, if I was growing a moustache for Movember, please donate on my behalf at this link."

Coun. Peter Demong METRO FILE

EXCLUSIVE JEEP SALES EVENT

CALGARY'S ORIGINAL JEEP STORE HAS BEEN GIVEN A SPECIAL ALLOCATION OF JEEP WRANGLERS THAT MUST BE SOLD!

40 JEEP WRANGLERS AVAILABLE AT SPECIAL PRICING!

2015 JEEP WRANGLER SAHARA

LOADED WITH NAV SYSTEM • ALPINE STEREO • BLUETOOTH • A/C AND MORE!

REG. $42,000

STARTING FROM ONLY

$34,990

OR PAY $197 BIWEEKLY

READY FOR WINTER WITH HEATED LEATHER SEATS AND MORE!

2016 PATRIOT HIGH ALTITUDE

LOADED! SUNROOF • BOSTON ACOUSTICS STEREO • REMOTE START!

REG. $34,499

16J030

$26,990 | **OR PAY $155 BIWEEKLY**

GET THIS CHEROKEE NORTH 4X4 WITH 0% FINANCING FOR 72 MONTHS!

2015 JEEP CHEROKEE NORTH

LOADED! PANO ROOF • BACKUP CAM • REMOTE START!

0% FINANCING FOR UP TO 72 MONTHS

REG. $39,114

15J745

$34,990 | **OR PAY $193 BIWEEKLY**

BIG4

BLACK FRIDAY EVENT

0% FOR UP TO 72 MONTHS AND UP TO $10,000 IN TOTAL DISCOUNTS

CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

7330 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

DealerRater ★★★★½

(403) 451-6193 www.BIG4MOTORS.com

AMVIC LICENSED. ALL OFFERS OAC. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. BIWEEKLY PAYMENTS BASED ON 96 MONTH TERM @ 3.99% (PATRIOT), 3.49% (WRANGLER), 2..99% (CHEROKEE) WITH $0 DOWNPAYMENT. COB=$4,163.97 (16J030). ALL REBATES TO DEALER. VEHICLES MAY NOT BE EXACTLY AS SHOWN. INVENTORY ACCURATE AT TIME OF PUBLICATION. LIMITED TIME OFFERS. SEE DEALER FOR DETAILS.

WOOD AUTOMOTIVE GROUP

Alumni produce petition

UNIVERSITY OF CALGARY

Mac Hall ownership could revert to the university

Helen Pike
Metro | Calgary

Concerned alumni of the University of Calgary have crafted a petition as well as a formal letter to be submitted as part of an affidavit in the students' union (SU) trial against administration over the ownership of MacEwan Hall.

The clock is ticking and after Dec. 9 Mac Hall ownership will fall into the hands of the University of Calgary as negotiations to renew the License of Occupation, Operating and Management Agreement (LOOMA) have failed.

In hopes of hanging onto ownership of the student-run building, an injunction application by the SU will be heard Dec. 4. As part of the hearing Levi Nilson, president, said the SU has submitted an affidavit including discussions of community support.

The ownership dispute between the University of Calgary and the school's student union over MacEwan Hall is heating up. METRO FILE

"It just goes to show the isolation the administration has put upon themselves," said Nilson. "A lot of people are very disappointed in the tactics they've used, and their unwillingness to recognize the relationship we have with the administration, with the university and the investments we've made in the student centre."

> **Vital student programs and services will be unable to operate.**
> Online petition

A letter drafted by a group of concerned alumni, and past SU VPs will be released to the public Monday. The goal is to garner a number of high-profile alum signatures as well as a successful petition from the general public to help stop administration from the "hostile takeover of MacEwan Student Centre." Many past VPs have been contacted to sign in support of the letter.

"If the administration is successful in their attempts to foreclose the building, vital student programs and services will be unable to operate," reads the online petition. "Given the Students' Union's majority ownership of the building, and the $19 million the students' union contributed to building renovations and upgrades, we demand the university's board of governors intervene and affirm the students' majority ownership."

Throughout the process of both negotiating and the lawsuit, the University of Calgary has maintained it only wants to do what's best for students.

Dru Marshall, U of C provost, said at a town hall meeting the school hopes to keep operations smooth throughout the legal dispute.

CONTROL

Stakes are high in battle

In a response to the University of Calgary's statement of defence submitted to the courts, the students' union outlines how much the school will control if this injunction doesn't go forward Friday.

It's been said by the students' union and university that the school will take control of the building's operations. That's down to controlling food court operations, managing tenants, taking in all revenue from vendor leases, the concert venue and ballroom, and even managing the students' union employees.

"That would constitute the destruction of the students' union," said its president Levi Nilson.

"We get around 90 per cent of our revenues from what they're going to be taking."

The stakes couldn't be higher. Without control of MacEwan Hall, and relinquishing 90 per cent of revenue, the students' union ceases to be a student-run union.

HELEN PIKE/METRO

Remember when this stood for integrity and trust?

So do we.

Recently, we made a big mistake: we broke your trust. For over 60 years Canadians have relied on us to act with integrity.

Yet we've let you down.

Now more than ever, we know actions speak louder than words. We will ensure we resolve the issue for every customer affected.

And we won't rest until we earn back your trust and restore our integrity.

For more details, and to find out if your vehicle is affected, visit **www.vwemissionsinfo.ca**.

CULTURE

Tiny artworks deck the walls at Newzones

Jeremy Simes
For Metro | Calgary

Even the smallest pieces of artwork deserve attention.

That's according to Lauren Kibler, the registrar with Newzones Gallery Of Contemporary Art, who's hung about 50 pieces of art — whether that's multimedia, painting or sculpture — on one of the gallery's giant walls.

"A lot of people don't usually ask for tiny works," she said. "Instead, they like the larger pieces."

Kibler said she was told she'd have a hard time finding a job with her minor in art history at Mount Royal University, adding she recently finished a graduate program in New York in May. But so far, it's been a pretty sweet gig, she said.

The artworks are hung in what's known as the "Salon style," an ensemble that originated from 17th century Parisian art graduates who held public exhibitions, Kibler said.

This Salon, in particular, is a bit more festive, hence: deck the walls.

"It gives it a really cool effect — there's lots there that gets you to move your eye across the wall," she said.

The work comes from the gallery's stacks in its back room, and normally don't get hung due to their size, she said.

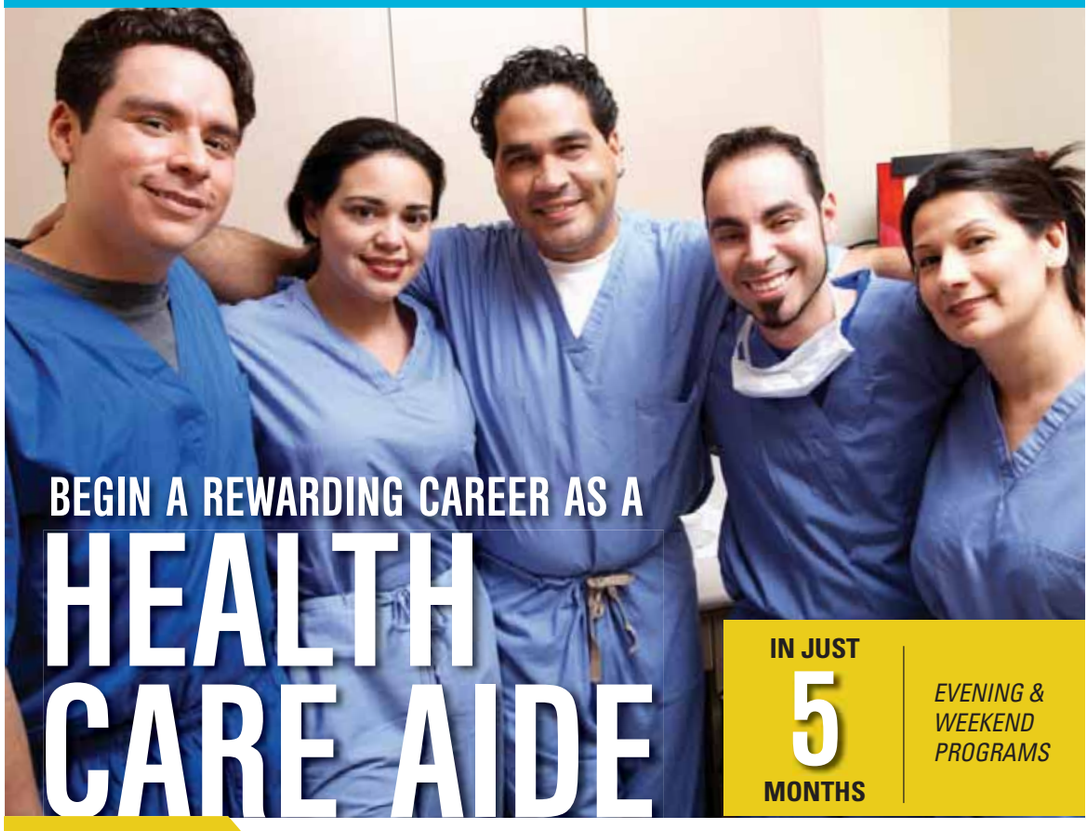
"It kind of gives it a little of a spotlight," she said, adding the works comprise Newzones' clients, local or international.

In particular, Calgarian Diane Bos' pinhole photos capture the landscape of WWI battlefields 100 years later.

"I hope people discover artists they may not be familiar with," she said. "A lot of artists work on a smaller scale, so it's a chance to introduce people to the different styles we have."

Newzones is located at 730 11 Ave SW.

ABES.CA
ALBERTA BUSINESS & EDUCATIONAL SERVICES



BEGIN A REWARDING CAREER AS A
HEALTH CARE AIDE

IN JUST 5 MONTHS
EVENING & WEEKEND PROGRAMS

13 CERTIFICATE PROGRAM INCLUDING

- Government of Alberta Health Care Aide
- St. Johns Ambulance [First aid, CPR, Automated External Defibrillator]
- Supportive Pathways, Foot Care, Diabetes, Medication Administration, Food Safe, WHIMIS, Palliative Care
- Best Friends Alzheimer's Society Certificate
- 3 Clinical Placements [Hospital placements available]

Helping people transform their lives through education
CALL TODAY 1.877.300.6280 ABES.CA

Photos of Calgary MLA Manmeet Bhullar, family and friends line a table at his memorial Sunday. KRISTA SYLVESTER/FOR METRO

Tribute paid to hero MLA

MANMEET BHULLAR

Farewell to a 'peaceful warrior' packs auditorium

Krista Sylvester
For Metro | Calgary

There's a reason that the Jubilee Auditorium was full an hour before Manmeet Bhullar's memorial; in fact, there were many reasons.

As thousands packed into the large auditorium with hundreds more overflowing into SAIT to say goodbye to the man known as a "peaceful warrior," it was evident Sunday that the 35-year-old Calgary MLA impacted the lives of everyone he knew personally and many more he did not.

"Never when my parents immigrated to this country over 40 years ago, would they have imagined that one day their son would be this loved by Calgarians, Albertans and Canadians as one of their own," older sister Tarjinder Bhullar told the auditorium.

After pulling over on the highway to help someone in the ditch during a snowstorm, Bhullar died as he lived, many have said — by helping others. It's a sentiment echoed by former MLA and good friend Jonathan Denis.

Denis met Bhullar 15 years ago at a party function and had been friends ever since.

"I'll remember him as a good friend. He was always good to me, he was always thinking about other people before him and I just can't believe this has happened," a tearful Denis told Metro after the service. "It's almost fitting; he was serving someone on the side of the road and all of a sudden he died in service. It's sad."

Bhullar's wife, Namrita Rattan, encouraged everyone to continue in his legacy to make the world a better place.

> **"Let's not forget about the important things he was working on."**
> Naheed Nenshi

"His life was short but he did more than most," she says. "Not everyone dies a hero; Meetha not only died as one, he lived as one."

Former Alberta premier Jim Prentice led the service with Calgary mayor Naheed Nenshi also paying tribute. Before the service Nenshi said that he too, hopes people remember Bhullar through action.

"It says an enormous amount about the impact he had on anybody in the community … he touched us all and he really is a remarkable example of exactly the kind of person we love to have in public service. Let's not forget about the important things he was working on."

The stories behind the pics

PHOTOGRAPHY

Exhibition highlights Breakerhead volunteers

Jeremy Simes
For Metro | Calgary

Inno Delarmente is still trying to name the little girl he photographed during Beakerhead in September.

This isn't just any photo — it's one that will be shown at Beakerhead's Show, Don't Tell, an exhibit that will highlight the organization's 22 and 15 volunteer photographers and graphic designers, respectively.

Delarmente said he was snapping photo's of kids during In/Flux, a public art installation that was made out of 10,000 moveable fungi blocks, or "organic Lego."

Delarmente said one kid in particular was relishing the moment, despite the fact that a few kids kept knocking over her mushroom-made building.

"One boy just kept pushing everything down, and other kids were getting a little rowdy," he said. "But she didn't mind — she was just a happy kid there."

Delarmente admitted it was hard to capture a photo of the little girl — she was pretty swift.

"As cliche as it sounds, I got the right shot at the right moment," he said.

It seems some of the best photos are a result of being at the right place at the right time, according to Chris Malloy, who was photographing a haphazard dance circle that spurred during the concert of GZA from Wu-Tang.

"This dance circle just came out of the woodwork," Malloy said, adding it was a moment that pushed his boundaries as a photographer.

"(The photo) was taken at night, which is always a challenge," he said. "But it was quite the spectacle to see: seeing this dance circle open in the middle of a sandbox."

Michelle Htun-Kay, spokesperson for Beakerhead, said the organization wanted to create an exhibition to celebrate it's volunteers because, without them, the festival wouldn't have happened.

"We just really wanted to say, 'Thank you,'" she said. "These are beautiful photos and poster graphics, and we get the opportunity to show off their talent (through this exhibition)."

Both Delarmente and Malloy said they appreciate Beakerhead's efforts to showcase them.

"It's fantastic," Malloy said.

Chris Malloy stumbled upon this random dance circle that took place during a concert of GZA from Wu-Tang.
COURTESY CHRIS MALLOY

Inno Delarmente is asking people to help him name this girl he photographed during the festival, so he can give her parents a copy. INNO DELARMENTE/CONTRIBUTED

BACKGROUND

Show, Don't Tell runs from Dec. 1 -12 at the Peanut Gallery and Fluevog Calgary, 207 8 Ave SW. Admission is free.

NEW
TUSCANY
EXCLUSIVELY AT
SIMMONS MATTRESS
GALLERY
SIMMONS
SIMMONS
MATTRESS GALLERY
TURN ANY
ROOM INTO A
Guest room
SLEEP CHEST CABINET
A SOPHISTICATED BED IN A VERY SMALL PACKAGE… USE IT IN YOUR HOME OFFICE, SEWING ROOM, LIVING ROOM – IT DOESN'T MATTER WHERE YOU PUT IT. IT WILL SQUEEZE INTO ANY TIGHT SPACE AND LOOKS FANTASTIC !
7145 11TH ST. SOUTH EAST CALGARY | 403.319.0099 | AGOODNIGHTSLEEP.CA
FOLLOW US!

French president, PM talk security

MILITARY

Trudeau affirms solidarity in terrorist fight

France's President Francois Hollande appeared to give his blessing to Canada's proposed withdrawal of its fighter jets from the bombing campaign against Islamic militants after meeting Prime Minister Justin Trudeau on Sunday at the Elysee Palace.

The fight against the Islamic State in Syria and the Levant (ISIL), has taken on new urgency in France after terrorists claiming to be inspired by the movement killed 130 people earlier this month in Paris in seven co-ordinated attacks.

Hollande has been travelling the world drumming up support for a massive military response, including more air strikes by more countries, at exactly the same time Trudeau's government says it will remove Canada's six CF-18s from Iraq and Syria and step up military training instead.

Canadian Prime Minister Justin Trudeau and French President Francois Hollande. ADRIAN WYLD/THE CANADIAN PRESS

Hollande said the two had spoken about the security situation, the battle against radicalism and diplomacy.

"But we also have to act militarily," said Hollande, adding Trudeau affirmed Canada's solidarity in the global fight and each country should contribute "within their own means."

Trudeau, in turn, responded that "we will make sure that we all play a role in order to curb this terrorist threat."

A day earlier, Trudeau said the shadow of the recent terrorist attacks in Paris has made world leaders eager to show up in solidarity at the Paris climate talks that begin Monday, and he was optimistic of a positive outcome despite the absence of credible emissions-cutting plans to stop global warming.

Foreign Affairs Minister Stephane Dion and Catherine McKenna, Minister of Environment and Climate Change, held a news conference Sunday in Paris at the government-run Canada Cultural Centre where the Canadian optimism briefly foundered on the question of whether a Paris climate deal will be legally binding.

"To be clear, this agreement does have to be legally binding but there may be aspects of it that won't be legally binding," including the actual emissions cuts, McKenna said at one point, to howls from reporters.

THE CANADIAN PRESS

RESPECTS TO PARIS TRUDEAU JOINS OTHER DIGNITARIES Quebec Premier Philippe Couillard (left to right), Montreal Mayor Denis Coderre, Mayor of Paris Anne Hidalgo, French Prime Minister Manuel Valls, Canadian Prime Minister Justin Trudeau and his wife Sophie Gregoire-Trudeau, and Canadian Ambassador to France Lawrence Cannon pay their respects in Paris on Sunday at a memorial outside the Bataclan Cafe, one of the sites of the Nov. 13 terrorist attacks. Trudeau called his visit to the Bataclan "extremely touching." ADRIAN WYLD/THE CANADIAN PRESS

CALGARY
news
with Rob Brown
Now at 6
Weeknights at 6pm
and online anytime at cbc.ca/calgary
news
CBCCalgary
@CBCCalgary @cbcrob
@CBCCalgary

Ministers hear of refugees' struggle

IMMIGRATION

Trio of Canadian leaders visit camp in Jordan

The World Food Program ran out of money last fall to help feed 80,000 people who live at Zaatari, a refugee camp in Jordan near the Syrian border that was set up in the early days of Syria's civil war.

Without the prepaid MasterCards with the $28 US per person, per month, to buy food at the two official supermarkets in camp, people pulled their children out of school so they could work for grocery money and rates of child marriage rose as a way for families to provide for their daughters.

An influx of cash from international donors — Canada among them — helped alleviate the immediate crisis, a delegation of federal cabinet ministers heard Sunday from WFP and UNICEF officials.

Immigration Minister John McCallum, Health Minister Jane Philpott and Defence Minister Harjit Sajjan were on a one-day visit to Jordan, one of the three countries from which Canada is now in the process of selecting 25,000 Syrian refugees for resettlement in Canada over the coming months.

The reality is most of the refugees Canada will take in between now and the end of February are unlikely to come from Zaatari or camps elsewhere, but from cities and towns. But that hasn't stopped camp residents from hoping they'll get a spot. THE CANADIAN PRESS

Authorities screen a family of Syrian refugees for potential passage to Canada in Amman on Sunday. THE CANADIAN PRESS

ONE OF CALGARY'S LARGEST VOLUME TOYOTA CERTIFIED USED VEHICLE DEALERS

STAMPEDE TOYOTA PRE-OWNED SUPERSTORE

TOYOTA Certified USED VEHICLES
ONCE A TOYOTA, ALWAYS A TOYOTA

SHOP 24/7 ONLINE

FINANCING FROM 1.9%

2TOYOTA.COM

2014 TOYOTA RAV4 LE 4WD
8 TO CHOOSE FROM!
NEW BODY STYLE!!! ONLY 24,000KM'S
STK 6671A
MARKET VALUE PRICING $23,805

2012 HIGHLANDER V6 SPORT 4WD
12 TO CHOOSE FROM!
LOADED W/LEATHER AND SUNROOF!!! ONLY 79,000KM'S
STK 6695A
MARKET VALUE PRICING $28,440

2013 HIGHLANDER V6 SPORT 4WD
12 TO CHOOSE FROM!
LOADED W/LEATHER AND SUNROOF!!! ONLY 37,000KM'S
STK 6691A
MARKET VALUE PRICING $34,985

2013 HIGHLANDER V6 SPORT 4WD
12 TO CHOOSE FROM!
LOADED W/LEATHER AND SUNROOF!!! ONLY 43,000KM'S
STK 6678A
MARKET VALUE PRICING $35,677

2010 TOYOTA TUNDRA CREW MAX 5.7L
7 TO CHOOSE FROM!
TRD OFF ROAD!!! ONLY 88,000KM'S
STK 6694B
MARKET VALUE PRICING $27,181

2011 TOYOTA SEQUOIA PLATINUM
4 TO CHOOSE FROM!
LOW MILEAGE, FULLY LOADED!!! ONLY 69,000KM'S
STK 6707A
MARKET VALUE PRICING $43,136

2015 LEXUS IS350 F SPORT
3 TO CHOOSE FROM!
TOP PACKAGE!!! SERIES 3 WITH MARK LEVINGSTON ONLY 29,000KM'S
STK 150920A
MARKET VALUE PRICING $44,997

2012 LEXUS IS250 AWD
3 TO CHOOSE FROM!
LOADED W/ LEATHER AND SUNROOF!!! ONLY 83,000KM'S
STK 6697A
MARKET VALUE PRICING $25,231

MANAGER'S WEEKLY SPECIALS

2013 NISSAN PATHFINDER PLATINUM
TOP PACKAGE!!! LOADED WITH NAVIGATION!!! ONLY 64,000KM'S
STK 6725A
MARKET VALUE PRICING $30,645

2012 LINCOLN MKX
FULLY LOADED WITH NAVIGATION!!! ONLY 88,000KM'S
STK 151388A
MARKET VALUE PRICING $27,989

2012 DODGE RAM 1500 LARAMIE 4X4
LOADED W/LEATHER, SUNROOF AND NAVIGATION!!! 84,000KMS
STK 151302A
MARKET VALUE PRICING $28,708

2014 SCION FR-S
LIKE NEW W/ AFTERMARKET WHEELS/TIRES AND EXHAUST!!! ONLY 8,000KM'S
STK 6700A
MARKET VALUE PRICING $23,785

STAMPEDE TOYOTA SALES HOTLINE 403.291.2111

DEERFOOT TRAIL · BARLOW TRAIL · TRANS CANADA

GET PRE-APPROVED IN 60 SECONDS
STAMPEDEAPPROVED.com

WE'RE SERIOUS ABOUT EARNING YOUR BUSINESS AND WE'LL PROVE IT

LOAN PROGRAM

Incoming Syrians won't have to repay

While the federal government ramps up efforts to take in thousands of Syrian refugees, Ottawa has confirmed it will not ask displaced migrants from the war-torn country to pay back the cost of bringing them to Canada.

Normally, if refugees can't afford the necessary transportation or medical screening to come to Canada, they are offered a loan under the federal immigration loans program, and required to pay it back with interest. According to the Canadian Council for Refugees, the loans can be up to $10,000 per family.

Line Patry, a spokeswoman for Immigration, Refugees and Citizenship, said the government had decided to waive the loans for incoming Syrian refugees because the humanitarian situation in that country is so dire. A civil war that has raged there since 2011 has displaced more than 4 million people.

"Many refugees fleeing Syria have lost everything they had and will not have any financial resources for some time," Patry explained.

Patry did not say how much forgoing the loans would cost the government. The Liberals have said they will spend up to $678 million over six years on the Syrian resettlement effort.

Conservative immigration critic Michelle Rempel said the Liberals haven't provided enough financial details about their plan for her to say whether her party would support waiving the payments for Syrians. But she noted the Conservatives have consistently backed the loan program because it has a high rate of repayment. TORSTAR NEWS SERVICE

> **Our caucus position remains that we're supportive of the program as it is, because it's worked for several decades.**
> Conservative immigration critic Michelle Rempel

POLITICS

Overhaul to carry gender-parity goal

The federal Liberals say they plan to extend a vow of gender parity in cabinet to ensure the same outcome in the hundreds of appointments the government makes to boards, agencies and Crown corporations.

The Liberals promised in the election to overhaul an appointment process that now is conducted behind closed doors and was sometimes mired in accusations of political patronage for government donors or failed candidates.

The party has vowed to create an outside body to recommend new senators, a model similar to one used in Britain for government-wide appointments to boards and agencies made by cabinet and ministers.

The Liberals didn't provide details of how the appointments process, which they now oversee, will work.

"Appointments will be open, transparent and merit-based and we will ensure gender parity and that more indigenous peoples and minority groups are reflected in positions of leadership," said Olivier Duchesneau, deputy director of communications to Prime Minister Justin Trudeau. THE CANADIAN PRESS

ENDS TODAY! NO EXCEPTIONS!

Southgate's CYBER MONDAY EVENT

CHECK ON LINE FOR EXCLUSIVE STORE WIDE DEALS

GET 20% OF MSRP CASH CREDIT
ON SELECT 2015 MODELS IN STOCK THE LONGEST.

OR

CHOOSE 0% FOR 84 MONTHS

HURRY IN BEFORE THEY'RE GONE

2015 CHEV SILVERADO
2LT CREW CAB Z71 Stk #215636

5.3L V8, TRUE NORTH EDITION, HEATED LEATHER SEATING, NAVIGATION SYSTEM

CASH PRICE $42,721 | SAVINGS $12,844

2015 CHEVROLET CRUZE CLEAN TURBO DIESEL STK#215732
6-SPEED AUTOMATIC, REMOTE START, TOUCH SCREEN, LEATHER, SUNROOF, ALUMINUM WHEELS.
CASH PRICE $23,811 | SAVINGS $6,209

2015 BUICK VERANO LEATHER STK# 215574
REMOTE START, NAVIGATION SYSTEM, REAR VISON CAMERA, LEATHER, SUNROOF, ALUMINUM WHEELS
CASH PRICE $26,216 | SAVINGS $6,779

2015 CHEVROLET TRAX 1LT AWD STK# 2151172
BOSE SOUND PACKAGE, MYLINK TOUCH SCREEN, BLUETOOTH, REAR VISON CAMERA
CASH PRICE $23,876 | SAVINGS $5,869

2015 CHEVROLET EQUINOX FWD STK# 215976
6 AIR BAGS, 4-WHEEL ABS, KEYLESS ENTRY, ONSTAR 4G LTE WITH WI-FI
CASH PRICE $23,795 | SAVINGS $4,610

2015 BUICK ENCLAVE AWD PREMIUM STK# 2151041
HEATED/COOLED, LEATHER SEATS, SUNROOF, NAVIGATION, 20" WHEELS
CASH PRICE $46,995 | SAVINGS $12,110

2015 GMC SIERRA DOUBLE CAB 4WD STK# 2151075
5.3L V8, ELEVATION EDITION, 20" ALUMINUM WHEELS
CASH PRICE $35,865 | SAVINGS $10,485

2015 CHEVROLET SILVERADO 1LT CREW CAB 4WD STK# 2151202
RALLY-2 EDITION, HEATED LEATHER SEATING, NAVIGATION SYSTEM, 22" WHEELS
CASH PRICE $47,295 | SAVINGS $10,700

2015 CHEVROLET SILVERADO 1LT 2500 CREW CAB Z71 STK# 215448
6.0L V8, HEATED SEATS, CONV. PACKAGE, 18" WHEELS
CASH PRICE $46,995 | OR FINANCE $16,190

Southgate CHEVROLET BUICK • GMC

403-538-0574

SOUTHGATECHEVROLET.COM

13103 Lake Fraser Drive SE

PRICES INCLUDE ALL ADMINISRATION FEES AND TAXES EXCLUDING GST. PRICES INCLUDE ELIGIBLE LOYALTY/CONQUEST OFFERS. LOYALTY/CONQUEST OFFER APPLIES TO ELIGIBLE CURRENT OWNERS OR LESSES OF ANY MODEL YEAR 1999 OR NEWER VEHICLE THAT HAS BEEN REGISTERED AND INSURED IN THE CUSTOMER'S NAME FOR THE PREVIOUS CONSECUTIVE SIX (6) MONTHS. #215976 '15 EQUINOX $750 LOYALTY, #2151075 '15 SIERRA & #2151202 '15 SILVERADO $1,000 LOYALTY. VEHICLE'S NOT EXACTLY AS ILLUSTRATED OFFER ENDS 11/30/2015. SUBJECT TO ERRORS OR EMISSIONS

SUMMIT

Turkey, EU seek common ground

European Union leaders and the Turkish prime minister sealed a joint summit with a commitment to re-energize Turkey's long-stalled membership talks and bolster their common resolve to deal with the Syrian refugee crisis.

The 28 EU leaders were leaning hard on Prime Minister Ahmet Davutoglu to stem the flow of migrants seeking a better future in Europe's heartland and European Council President Donald Tusk said the latest estimate showed that "approximately 1.5 million people" had illegally entered the bloc this year, many coming through Turkey.

It left the EU in need of help from Ankara, even if their recent relations have been sown with discord. On Sunday, it was hugs all around as Tusk and Davutoglu completed what they called a breakthrough summit to put relations on an even keel again.

Both sides got concessions: The EU desperately needs Turkish help to contain the flow of migrants into the bloc, and Turkey resuscitated long-mothballed hopes to join a bloc in which it would, by population, become the biggest single member. THE ASSOCIATED PRESS

"We expect to see an immediate and substantial reduction of irregular migrants arriving to Europe.
Prime Minister
Ahmet Davutoglu

1

2

3

Rallies call for climate action

ENVIRONMENT

French police fire tear gas as protests rage on in Paris

Hundreds of thousands of people have taken part in rallies around the world on Sunday, calling on leaders to halt climate change on the eve of a major conference in Paris.

Violence quickly erupted between French riot police and a group of several hundred at a major square in Paris that was the site of a peaceful demonstration earlier. Police fired tear gas to disperse protesters throwing projectiles.

An organizer of the rallies, Avaaz, said that early estimates of marchers around the globe show 570,000 people marched in 175 countries.

Thousands of demonstrators gathered in central Paris and formed a human chain along the route of a long-planned protest march that was banned by the French government in a security crackdown following the Nov. 13 Paris attacks. Nearby, thousands of shoes, some decorated, were placed at the Place de la Republique to symbolize the many feet that could not march because of the ban.

Thousands of people marched through London, urging world leaders not to blow their chance to take strong action on climate change.

About 4,000 people held a rally in the German capital, marching from Berlin's train station to the Brandenburg Gate. THE ASSOCIATED PRESS

1 Frankfurt, Germany — A woman wears a gas mask during a protest rally to promote climate protection on Sunday. FRANK RUMPENHORST/DPA VIA THE ASSOCIATED PRESS

2 Paris, France — Police fight with activists during a protest ahead of the 2015 Paris Climate Conference at the place de la Republique. LAURENT CIPRIANI/ THE ASSOCIATED PRESS

3 Madrid, Spain — A protester dressed as a polar bear marches with others through the streets of central Madrid holding banners reading: "We are unstoppables, let's save the climate," during the Global Climate March. DANIEL OCHOA DE OLZA/ THE ASSOCIATED PRESS

IN BRIEF

Airstrikes kill at least 18 people in Syria

Airstrikes believed to have been carried out by Russian warplanes killed at least 18 civilians and wounded dozens more on Sunday in a northern Syrian town held by insurgents, Syrian opposition media reported.

The Britain-based Syrian Observatory for Human Rights said the airstrikes struck the town of Ariha, killing at least four children and wounding dozens more. The Observatory said three buildings were destroyed in the chaos. THE ASSOCIATED PRESS

Israel suspends peace talks over label issue

Israel on Sunday suspended contacts with European Union representatives on Mideast peace issues to protest the 28-nation bloc's decision to label Israeli exports from the West Bank.

The decision, which deepened a fissure with the EU over the labeling issue, came as a rash of Palestinian attacks showed no signs of relenting. In Sunday's violence, Palestinians carried out two new stabbing attacks — wounding a woman and a police officer. One of the assailants was shot dead.

Israel has been up in arms since the EU announced this month that goods produced in Israeli settlements must have special labels and cannot say they were made in Israel. Israel has said the decision is discriminatory and unfairly singles out Israel, while the EU says it is a technical matter to clarify the origins of the products. THE ASSOCIATED PRESS

CALGARY'S HOTTEST SELECTION OF DESIGNER EYEWEAR
HOLIDAY
Eyewear for all
$100 OFF PRESCRIPTION EYEWEAR
PLUS
40% OFF
BUY ONE PAIR OF SUNGLASSES GET 40% OFF THE SECOND PAIR
Love your eyes!
Optiko eyewear
Optometrist/Optician
SUNRIDGE MALL
129-2525 36 St NE, Calgary, AB T1Y 5T4
403 457 7000 | info@optiko.ca
MARKET MALL
#9 3625 Shaganappi Tr NW, Calgary, AB T3A 0E2
403 457 7001 | eyewear@optiko.ca
www.optiko.ca

fido

UNLEASH YOUR DATA FOR BLACK FRIDAY

Until November 30

1GB
data bonus

With select plans

With 2-year agreement on select plans

LG G3 at
$0

LG G4 at
$49

Visit a store, fido.ca or call 1-866-301-3436

Data bonus and LG G4 offers end November 30, 2015. All offers subject to change without notice. Get 1 GB of additional data on Fido Pulse Smart plans having a data allotment of 1 GB, 2 GB, 3 GB or 5 GB. Phone prices shown with activation of a Fido Pulse Smart plan on a 2-year Tab24 agreement. Taxes extra. A device savings recovery fee applies in accordance with your service agreement. If you downgrade to a lower tier plan category during your term, a one-time price plan downgrade fee applies as set out in your service agreement. © 2015

THE VATICAN

Pope preaches peace at end of Africa trip

Flanked by Vatican bodyguards in flak jackets and machine-gun-toting U.N. peacekeepers, Pope Francis plunged Sunday into conflict-wracked Central African Republic and urged the country's Christian and Muslim factions to lay down their weapons and instead arm themselves with peace and forgiveness.

Francis issued the appeal from the altar of Bangui's cathedral after arriving in the badly-divided capital on the final leg of his three-nation African tour.

Cheering crowds lined his motorcade route — about five kilometres (three miles) of it in his open-sided popemobile. The crowds swelled again at a displacement camp, where children sang him songs of welcome and held up hand-made signs saying "Peace," "Love" and "Unity."

"My wish for you, and for all Central Africans, is peace," Francis told the nearly 4,000 residents in the St. Sauveur church camp.

"To all those who unjustly use weapons in this world, I appeal: Put down your weapons of death. Pope Francis

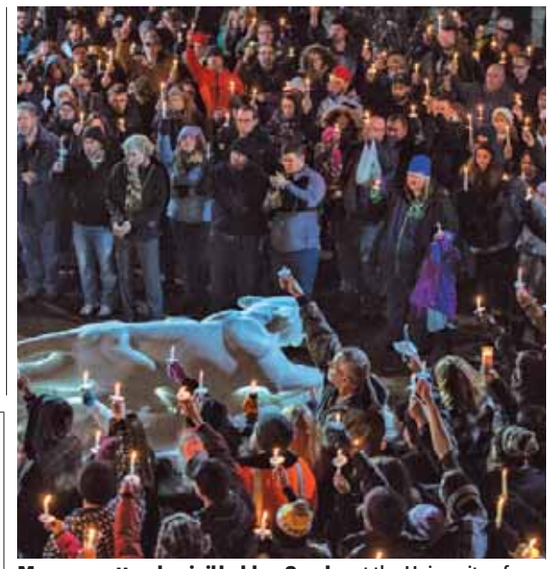
With the help of a Sango translator, he then led them in a chant: "We are all brothers. We are all brothers."

"And because we are brothers, we want peace," he said.

The precarious security in Bangui, which is awash in weapons, had raised the possibility in recent weeks that the pope could cancel his visit or at least trim it back.

THE ASSOCIATED PRESS

NEW UNITS AVAILABLE!
TOP DOLLAR FOR TRADES! WE CAN FINANCE EVERYONE! 100% FINANCING AVAIL!
RENFREW 80 Years
YOUR DOWNTOWN CHRYSLER CONNECTION
demo & loaner
CLEARANCE
save up to $17,470
save $14,720
save $17,470
2015 RAM 1500 CREW 4X4 SPORT $226/BW OR $37,995
2014 DODGE GRAND CARAVAN SXT $133/BW OR $21,995
WE HAVE OVER 40 DEMO & LOANER VEHICLES TO MOVE. MANY HAVE UNDER 500 KMS!
THIS IS YOUR CHANCE TO
SAVE up to 45%
up to $20,000 CASH BACK
up to 6 MONTHS NO PAYMENTS
OVER NEW PRICING! FIRST COME, FIRST SERVED.
WHOLESALERS & DEALERS WELCOME!
2014 DODGE GRAND CARAVAN SXT
PARKVIEW BACKUP CAMERA, DVD ENTERTAINMENT, ALLOY WHEELS
2014 FIAT 500L
BLUETOOTH HANDS FREE, HEATED SEATS, MEDIA HUB WITH USB
2014 RAM PROMASTER 2500 HIGH ROOF
3.0L ECO DIESEL, BLUETOOTH HANDSFREE, MEDIA HUB WITH USB
2015 RAM 1500 SPORT 4X4
PREM SOUND - 9 ALPINE SPKRS, 8.4" TOUCH-SCREEN, NAV, PARKVIEW BACK UP CAMERA
2015 RAM 1500 SPORT 4X4
LUXURY GROUP, 8.4" TOUCHSCREEN WITH NAVIGATION, REMOTE START
2015 RAM 1500 SPORT 4X4
REMOTE START, PARKVIEW BACKUP CAMERA, U-CONNECT BLUETOOTH
2014 FIAT 500L 4DR
PARKVIEW BACKUP CAMERA, PARK SENSE ASSIST, BLUETOOTH HANDSFREE
2014 RAM 1500 SPORTS 4X4
LUXURY GROUP, REMOTE START, 9 SPEAKER ALPINE AUDIO
2015 RAM 1500 SPORT 4X4
5.7L HEMI V8, MEDIA HUB WITH USB, SIRIUS RADIO, NAVIGATION
2014 RAM 1500 LARAMIE 4X4
3.0L ECO DIESEL, 8.4" TOUCHSCREEN WITH NAVIGATION, REMOTE STARTER
2015 JEEP CHEROKEE LATITUDE
8.4" TOUCHSCREEN, POWER SUNROOF, PARKVIEW BACK UP CAMERA
2014 DODGE DART SE
ELECTRONIC STABILITY CONTROL, 16" WHEELS AND TIRE PACKAGE
2014 RAM PROMASTER LOW ROOF
3.6L V6, U-CONNECT BLUETOOTH, PARK SENSE
2014 RAM PROMASTER LOW ROOF
TOUCHSCREEN AUDIO, WITH STEERING WHEEL MOUNTED CONTROLS, BLUETOOTH HANDSFREE
2014 RAM 1500 SPORT 4X4
LEATHER WITH HEATED AND VENTILATED SEATS, 9 SPEAKS AUDIO
2014 RAM 1500 LONGHORN 4X4
POWER SUNROOF, 20" WHEEL GROUP, 8.4" TOUCHSCREEN AUDIO
2014 RAM 3500 CREW 4X4
REMOTE START, TOUCHSCREEN AUDIO, CUMMINS DIESEL
2015 CHRYSLER 200 LIMITED
8.4" TOUCHSCREEN, U-CONNECT BLUETOOTH, POWER SUNROOF
2015 CHRYSLER 200 LIMITED
PARKVIEW BACKUP CAMERA, 9 SPEED TRANSITION, U-CONNECT BLUETOOTH
2013 RAM 2500 LARAMIE LIMITED
NAVIGATION, LEATHER, REMOTE START, POWER SUNROOF
2014 RAM 1500 LARAMIE 4X4
HEATED/VENTILATED SEATS, SUNROOF, GPS NAVIGATION
RENFREW 80 Years
YOUR DOWNTOWN CHRYSLER CONNECTION
RENFREWCHRYSLER.COM
1.888.861.7964
1920 PUMPHOUSE RD SW | HRS MON-THUR 8AM-8PM FRI & SAT 8AM-5:30PM
All prices are plus GST and all applicable rebates to dealer. O.A.C. Biweekly payments are based on 4.99% Example of a cost of financing is $4865.21 for 2014 Grand Caravan. And $8206.17 for the 2015 Ram Crew Cab 1500. Hail damage will be disclosed at dealer, and cash deals are plus gst and fees. And total obligation for the mini van is $23991.91. Additional CASH offer will be added to the total cost of the unit being purchased at a lower interest rate. Please see dealer for complete details. OAC.



Mourners attend a vigil held on Sunday at the University of Colorado-Colorado Springs' campus for those killed in Friday's deadly shooting at a Planned Parenthood clinic on Nov. 28.
CHRISTIAN MURDOCK/THE GAZETTE VIA THE ASSOCIATED PRESS

Police mum on motive

PLANNED PARENTHOOD

Shooting spree at women's health clinic left three dead

Robert Lewis Dear, the suspected gunman in a deadly shooting at a women's health clinic that offers abortions, said "no more baby parts" after his arrest, a law enforcement official said.

The official spoke on condition of anonymity, not authorized to speak publicly about the investigation.

Police said they will not disclose why the gunman opened fire at the Planned Parenthood clinic, killing three people. Colorado Springs police said in a statement they are sealing the warrants related to the case against 57-year-old Robert Lewis Dear. They are not providing information on the weapon used.

Dear is expected to make his first court appearance Monday.

Planned Parenthood, a national organization, has cited witnesses as saying the gunman was motivated by his opposition to abortion, one of America's most sensitive issues.

In July, anti-abortion activists released undercover video they said showed Planned Parenthood personnel negotiating the sale of fetal organs. Planned Parenthood has denied seeking any payments beyond legally permitted reimbursement costs for donating the organs to researchers. Still, the National Abortion Federation says it has since seen a rise in threats at clinics nationwide.

Anti-abortion activists, part of a group called the Center for Medical Progress, denounced the "barbaric killing spree in Colorado Springs by a violent madman" and offered prayers for the dead and wounded and for their families.

The Planned Parenthood clinic has long been the site of anti-abortion protests.

THE ASSOCIATED PRESS

IN BRIEF

Mortar attack on Mali base kills at least 3, injures 20

Mortars were fired on a United Nations base in the northern Mali city of Kidal early Saturday, killing at least three people. Two UN peacekeepers and a contractor were killed in the assault that also injured 20 people.
THE ASSOCIATED PRESS

Thousands of Burkina Faso citizens vote in first election

Thousands of people cast their ballots Sunday in Burkina Faso's first presidential and legislative elections since a popular uprising toppled the nation's longtime leader last year. Some 5.5 million people were registered to vote. THE ASSOCIATED PRESS

BLACK FRIDAY

Shoppers go online for sales

Black Friday shopping is shifting from hours spent in line to more time online.

Sales at retail stores on Black Friday fell to $10.4 billion US this year, down from $11.6 billion US in 2014, according to preliminary figures from research firm ShopperTrak.

And sales on Thanksgiving dropped to $1.8 billion US from just over $2 billion US.

A big reason for the declines is increased online shopping, as Americans hunt down deals on their smartphones, tablets and computers.

Another key factor: Many retailers are offering bargains long before Thanksgiving, limiting the impact of Black Friday specials.

Still, most analysts expect this year's holiday sales to show stronger growth than last year's. Americans are starting to see early signs of pay increases, hiring has been solid in the past year, and low gas prices are leaving more money in shoppers' pockets.

"There's a lot of strength in the consumer," said Bill Martin, co-founder of ShopperTrak.

Even with the slip in sales, "Black Friday will end up being the number one sales day in retail this year."

THE ASSOCIATED PRESS

14.3%

Amount online sales jumped on Friday compared with last year, according to Adobe, which tracked activity on 4,500 retail websites. Email promotions drove 25 per cent more sales compared with 2014.

HOG-TIED TRIBUNE COUNTY RUNNING OUT OF WATER A pig looks out of its pen at Seabord Foods' Ladder Creek operation near Tribune, Kan. With the water source under the flat, arid prairie nearly exhausted after decades of overuse, county residents narrowly voted five years ago to allow corporate hog-feeding operations to move in to replace failing crop farms, but the company is pumping wells that had been idle for a decade, and environmentalists and some residents are worried that instead of preserving the remaining water, the county will be a desert once the hogs and the water are long gone. CHARLIE RIEDEL/THE ASSOCIATED PRESS

Clean-tech fix eyed for warming woes

CLIMATE CHANGE

Gates sparks plan to spend billions on low carbon energy

Government and business leaders are banking on clean energy technology to fight global warming, kicking off this week's high-stakes climate change negotiations in Paris by pledging tens of billions of dollars for research and development.

Microsoft founder and philanthropist Bill Gates, U.S. President Barack Obama and French President Francois Hollande will announce the new initiative on Monday.

The "ambitious" effort to develop clean energies initially involves eight countries — France, the U.S., India, South Korea, Saudi Arabia, Australia, Canada and Norway. These countries would pledge to double their spending on low or no-carbon energy, according to an early version of a document.

Led by Gates, about 20 private business leaders have signed on to the initiative, making their pledges conditional on governments also pledging more money.

THE ASSOCIATED PRESS

NOT ENOUGH

Ban Ki-moon suggests reviews every five years

UN Secretary-General Ban Ki-moon says governments' pledges to cut global warming emissions aren't enough and should be reviewed before 2020. He endorsed plans for reviewing targets every five years. More than 180 countries have submitted plans, including pledges to cut or rein in heat-trapping greenhouse gas emissions after 2020, when the new deal is supposed to take effect.

IN BRIEF

Big banks expected to focus on cost cutting

Grappling with a perfect storm of economic and operating challenges, Canada's biggest banks are expected to emphasize their efforts to rein in costs as they report their fourth-quarter earnings this week. Analysts will be looking for signs of cracks stemming from continued low oil prices on the banks' loan books. But analysts say the brunt of the pain is more likely to be on the consumer loan side — for example, when laid-off workers are unable to pay back their credit cards and mortgage debts. THE CANADIAN PRESS

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: Jan. 31 and Feb. 1-5, 2016
Next Seminar: December 9th, 2015 @ 7pm
Best Western Village Park Inn, 1804 Crowchild Trail NW
www.globaltesol.com
GLOBAL TESOL COLLEGE
Job Guaranteed!

Service Directory
To advertise contact 403.444.0136

TAX CREDITS

Hip or Knee Replacement?
The Disability Tax Credit allows for a
$2,500 Yearly Tax Credit
$20,000 Lump Sum Refund (on avg)
Copd, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.
For Expert Help: 1-844-453-5372

PSYCHICS

STAPHA
AFRICAN PSYCHIC
Reuniting Loved Ones · Stopping Divorce
Removing Bad Spirits · Success in Business
Healing Protection
Results Guaranteed
403.802.0367

Become a Massage Therapist

✓ We offer Alberta Government approved programs, that lead to a rewarding career
✓ 100% Employment
✓ $50 hourly wages!!

ABM COLLEGE
403-719-4300
3880 - 29 Street NE, Calgary • abmcollege.com
EDUCATION THAT GETS YOU HIRED!

PROCESS PIPING DRAFTING
BE CAREER READY in only 42 weeks
• Alberta Government licensed program
• 100% Job Placement
• Work placement practicums
• Flexible morning, evening, and weekend classes
• Funding and Employment Services Available

ENROLL NOW! 403.457.6400

Evergreen College
Preparing Professionals for the Real World
OUR OTHER PROGRAMS
• Hospitality Management
• Health Care Aide
• Unit Clerk & Medical Office Admin
• Computer System and Network Specialist
• Pharmacy Assistant
• Oil & Gas Administration
• Legal Assistant
• Computerized Accounting and Payroll
• Community Service Worker
1-3516 26th Street NE | evergreencollege.ca
CALGARY • TORONTO • MISSISSAUGA • BRAMPTON • SCARBOROUGH • MARKHAM

metro VIEWS

Your essential daily news

Monday, November 30, 2015

Off the hook
A new study shows mobile phone use is a good predictor of socioeconomic status in developing countries where a census isn't practical.

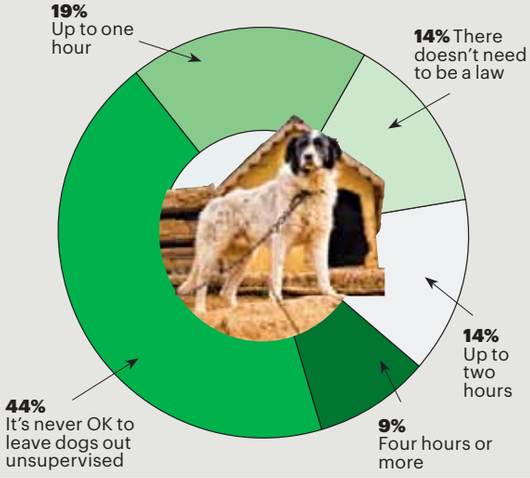
Metro MONDAY POLL

The leash you can do

Visit metronews.ca **every Friday to have your say.**

How long you can tie up Toto could soon be a matter for the law. Dog tethering bylaws are being introduced in many communities, as animal welfare advocates try to stop a practice they say is cruel and makes dogs more aggressive. The maximum tying-up time ranges from one to four hours. We asked our readers if this should be common sense, or if a crackdown on cruelty is in order.

1 How long should you be allowed to leave your dog outside on a leash (in decent weather)?


19% Up to one hour
14% There doesn't need to be a law
14% Up to two hours
9% Four hours or more
44% It's never OK to leave dogs out unsupervised

2 What should the penalty be for people who tether dogs outside for extended periods?

41% A fine of more than $100
16% A doggy parenting class
13% A fine of less than $100
8% A short jail term
8% Lock them up and throw away the key!
14% Other

Second-time offenders should not be allowed to keep animals.

Tie them outside to see how they feel!

3 What should people do with their dogs when they need to leave them alone?

52% Leave them in the house (within reason)
11% Leave them with a dog sitter
10% Get family or friends to check in
9% Put them in doggy daycare
9% Leave them in a fenced yard with plenty of food, water and shelter
1% Tie them up
8% Other

When it's warm, our dog loves to be outside most of the day.

No longer than eight hours without being checked on.

Crate training is safe and effective if your dog can't be trusted in the house.

WE ASKED Metro readers

Don't let taxis kick their competition to the curb

KINGKADE'S CALGARY

Roger Kingkade

So long, Uber. Come back soon.

Uber's latest foray into Cowtown ended abruptly last weekend, cut short by an injunction the city sought to buy more time to amend bylaws that regulate hired vehicle services. The soap opera has been playing out for way too long with the taxi companies, and now the city, playing the role of villain in keeping the lowly Calgary reveller rideless and shivering on the curb. During Christmas party — er, holiday party — season, no less.

The city's stance is pretty clear, at least as the mayor expresses it. Calgarians using their personal vehicles to drive for Uber aren't properly insured. Uber claims they'll back their drivers with a $5-million policy on top of the driver's personal insurance. The personal insurance, the city says, is void if a personal vehicle is being used for professional purposes.

It seems we're stuck waiting for one or two things to happen: Private insurance companies to offer a product for Uber and other ride-share drivers, and/or the city to amend its bylaws.

On the first point, it's baffling that a raft of options isn't available. Demand without supply is the recipe for invention.

On the latter, there is simply too much focus on having Uber comply with taxi bylaws.

The city should be looking to bring taxis in line with the ride-share model.

The Competition Bureau (of which, ironically, there is only one) studied the debate between ride-share and taxi regulations and noted that there isn't much in the current system that makes for fair competition. Consider that owners of taxis can create their own scarcity, drivers are forbidden from competing on price and Uber is forbidden from competing at all.

In a free and open marketplace, why should a cab ride on New Year's Eve cost the same as a mid-week fare at 2 p.m.? Why should the city be allowed to assign work hours to a private company employee? Why shouldn't a car owner be able to use his own property for casual, part-time self-employment?

Last October, 2,000 wannabe cab drivers entered a lottery draw for 126 new taxi plates. These taxi plates occasionally pop up on Kijiji and command upwards of $100,000. Some of these sales also include a taxi.

It's absolutely absurd that in order to take a job and earn money driving people around, one must jump through the types of regulatory and financial hoops that are required of the taxi driver. No wonder they get shirt-ripping, Uber-cursing mad when push comes to shove.

The city needs to step back from this issue and bring matters into focus. The stakeholders, in order of importance, are people who need rides, people who want to drive them, insurance companies, and, at the bottom of the list, the taxi company owners.

Don't try to bring Uber into compliance with taxi bylaws. Relax regulations so that taxis have to compete in the world that ride-sharing disrupted. Do this, and we'll be on our way instead of just standing around.

Roger Kingkade co-hosts the Kingkade and Breakenridge show every weekday morning at 9:30 a.m. on NewsTalk 770.

metroview

Fentanyl is a side-effect of overdosing on abstinence

Tim Querengesser
Metro | Edmonton

I'm an addict. The addiction started at 15, and though I've lived long periods free of it, I've never beat it. Every time I've quit without medicine or counselling, I've relapsed.

My addiction is nicotine, and like most dependencies, it won't kill me if I smoke again — which evidence shows is likely.

But let's flip the script: If I were physically addicted to, say, fentanyl, 50 times more powerful than heroin, and I quit and relapsed the same way I've done with tobacco, the outcome could be tragic.

As with all opioids people abuse, public-health workers see that heavy users often get clean through abstinence treatment, but then relapse.

Going clean lowers tolerance, so using again puts a person at an extremely high risk of overdose and death.

That the stakes are this high makes what's happening with fentanyl treatment in Alberta a wake-up call for the rest of Canada: It's beyond time we put aside the morality-based abstinence ideal and follow what science shows works: methadone and suboxone. Experts says these medications cut cravings, treat withdrawal symptoms, prevent relapse and save lives.

So far in 2015, 213 Alberta deaths have been attributed to fentanyl, with 55 in the Edmonton zone.

But troublingly, several reports have shown that the number of people on methadone treatment in Alberta is down, and there are month-long waiting lists to get in.

Elaine Hyshka, a PhD student in the School of Public Health at the University of Alberta, said the problem is complex and not about indifference or political will.

She explained it's partly due to a shortage of doctors licensed to prescribe methadone and suboxone in Alberta, and limited incentives to get them to earn the license. Since the opioid crisis has grown, few doctors will want to prescribe methadone or suboxone, as they'll quickly be overwhelmed with patients.

As Metro Edmonton has reported, mothers of fentanyl users have been desperate to find their children treatment beds — cut access to the drug, goes the thinking, and they'll live another day.

It works, short term. But, Hyshka said, most of Alberta's in-patient addiction beds are abstinence based, and don't include methadone or suboxone. That's a very big problem.

So too is the fact that most in the addictions treatment community saw this situation coming, with the 2012 removal of OxyContin from the prescription (and thus, illicit) market in Alberta.

There was already an opioid problem here, she said, and removing a popular pill didn't kill demand — it just shifted it to a drug that's far more lethal.

The same applies to methadone and suboxone: The demand is there, and abstinence is being used in substitution. It's time that stopped, before more people die.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout
MANAGING EDITOR CALGARY
Darren Krause
ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

NEW **Philosopher cat now at www.mymetrostore.ca**

Canapés kick start the conversation

CULTURED FARE

Appetizer will be the talk of your holiday get-together

Jennifer Friesen

When Shamir Bechara was growing up in Valencia, Venezuela, the holidays meant getting the family together and feasting on bacalao, a salted cod dish.

But since moving to Calgary, where the ingredients are harder to find, the chef de cuisine at ChefBar had to get creative.

"I started by just using salmon as a substitution for the cod," he said. "But eventually it became what it is now: cured salmon canapés."

At only 17 years old, Bechara was put in charge of making Christmas dinner for the family, where he broke out his new canapé creation to rave reviews.

"It was my last year of high school, but they had actually pushed me to cook that year," he laughed. "And now I can't get out of it whenever I go home for big gatherings."

With plenty of hungry mouths to feed, Bechara said the best part of bringing out the canapés at Christmas dinner is that it keeps everyone occupied while he takes more time in the kitchen.

"It keeps people from coming into the kitchen and picking at the food," he said with a smirk.

Bechara said his exposure to different cultures and flavours gave him the chance to fall in love with cooking. The blended flavours would lead to his own style, and the chance to offer the story behind the meal for his guests to share.

"Food, like the canapés, is a conversation piece, it pulls people together" he said.

"When you come up to a table where everything is spread out, it sort of forces you to interact with the people around you. You can start a conversation about food — and that's always a good place to start."

A FEW TIPS

1. "Be sure to have all of your ingredients two days ahead of time. You can't make this the day-of because it takes time for the salmon to be cured."
2. "Make sure to toast the bread before spreading the cream cheese over it, so it spreads well."
3. "Let the shallots steep in the vinegar solution for an hour or two to properly pickle."

Shamir Bechara, chef de cuisine at ChefBar, uses a unique blend of his holiday traditions from Venezuela and Canada to bring a large gathering together. JENNIFER FRIESEN

CURED SALMON CANAPÉS

INGREDIENTS

1 1/2 lbs salmon fillet (with skin)
1 French baguette

Cure:

1 1/2 cups sugar
1/2 cup salt
1 Tbs coarse ground black pepper
2 oranges (zest only)
1 lemon (zest only)

Cream cheese spread:

1 cup cream cheese (room temperature)
1/4 cup fresh dill (finely chopped)
1 Tbs whole grain Dijon mustard

Pickled shallot garnish:

1 cup red wine vinegar
1/4 cup shallots (thinly sliced)
2 Tbs sugar
1 Tbs salt
Pinch of coarse ground pepper

DIRECTIONS

1. In a bowl combine all ingredients for the cure, squeeze mixture to incorporate zest.
2. In a glass baking pan, spread 1/3 of the cure to coat the bottom of the pan.
3. Place one of the halves of your salmon skin side down in the pan. Cover the flesh side of the salmon with another 1/3 of the cure and place your second piece of salmon flesh side down directly on top.
4. Add the remaining cure on top of the salmon.
5. Use your palms to lightly pack the salt mixture so that there is a thin layer of the cure covering all sides of the fish.

CO-OP Best Fresh

She's making a list. Checking it twice.

Julie Van Rosendaal, Calgary's favourite cook, makes her delicious Cranberry Orange Waffles.

Find this recipe (and more) at calgarycoop.com/stories

SHARE YOUR RECIPE with us for a chance to WIN $100 CO-OP GIFT CARD club metro

metro LIFE

Your essential daily news

With Facebook's Mark Zuckerberg about to become a dad, company offers dads four months' paid leave

Country music's bumpy ride

TEBEY OTTOH

Singer still grinding away despite early Nashville success

Tebey Ottoh wasn't old enough to drive when he first managed to get his boot in the door of Nashville's impregnable country scene, and he certainly wasn't old enough to understand his luck.

He was 14 when he won a country singing contest in Simcoe, Ont., a competition he had previously conquered as young as six. This time, the prize included studio time in Toronto, which the adolescent Ottoh used to craft his debut demo.

Naively, he mailed it to the record companies in Nashville and waited.

"Everyone knows that's not how you get a record deal," he recalled, sipping a vodka and Red Bull at the Rock 'n' Horse Saloon in Toronto. "Those things just go in the garbage."

In Ottoh's case, however, the demo caught the ear of the president of MCA Records, who summoned the teen to Nashville and promptly signed him to a development deal.

"I'm thinking as a 15-year-old kid: 'Wow. That was really easy.'"

The next 17 years would prove him wrong.

His solo career would suffer several false starts and supposed finishes, and before he would get the chance to write songs for One Direction, Cher or, well, himself, he would have to prove exactly how much he wanted it.

MCA Records signed Tebey Ottoh to a development deal at 15 years old, but by the time he was 20, it was all gone. So he turned to songwriting, penning songs for the likes of One Direction and Cher. TORSTAR NEWS SERVICE

Early on, however, music came naturally. The son of an engineer born in Nigeria who met his mother on a soccer scholarship at Trent University, Ottoh began singing in church at age five.

It was with his father that he shuffled to Music City, with the rest of his family remaining in Burlington, Ont.

By 17, he had shifted to a different record label, but the opportunities were no less abundant.

He had an American publishing deal, a star producer (Bob Rock) and a famously tenacious manager (Bruce Allen).

It amounted to almost nothing. "I had everything I could have ever dreamed of as an artist at 17 years old," he said.

"And by the time I was 20, it was all gone. I lost my record deal. I lost my publishing deal. I parted ways with Bruce.

"That brought me back down to earth pretty quick."

It also brought Ottoh back to Canada, where he was dejected but undeterred.

Soon, he found that he could extract more mileage by putting his songs into the hands (or voices) of others.

He wrote music for Canadian Idol and hits started trickling in: Run for Rex Goudie, Let's Go for Shawn Desman.

He then received a call from his old Nashville buddy, John Rich, one half of Big & Rich. Coming off two platinum albums, Big & Rich wanted to record Ottoh's song Radio on their next album.

With that, Ottoh shuttled back to Tennessee and there he began scattering hits to every part of the musical field.

He penned tunes for One Direction, Cher, Flo Rida, Pixie Lott and Emerson Drive. Even here, his dogged nature stood out.

"Sometimes you'll sit down with a writer and they want to get that song done today," said Emerson Drive guitarist Danick Dupelle. "Not him. He doesn't settle for the easy way out."

Despite his success, however, Ottoh wasn't content filtering his compositions through other voices.

He went solo again, his first name only, with 2012's appropriately titled The Wait, then 2014's Two. The former managed to chart only one song, but he's had more traction since: his past six singles have all placed in Canadian country radio's Top 40.

The last two years in a row, Ottoh was nominated for the Rising Star trophy at the CCMAs.

The moniker might seem absurd for an artist nearing his 20th year, but it's also, in a way, fitting.

"Some people shoot to the top very quickly," he said.

"Others have to grind it out. And I feel that I'm going to grind it out."

TORSTAR NEWS SERVICE

THE SONGS

Tebey Ottoh has written songs for some big artists — here are the stories behind two.

- **Shawn Desman, Let's Go:** Tebey was in Africa when Desman's producer let him know that this buoyant tune would be the first single on his next album. The only problem? "I honestly didn't remember writing that song," Ottoh admits. "That's pretty embarrassing." Still, Desman and Ottoh remained close; Desman was even a groomsman at Ottoh's wedding.

- **Cher, Take It Like A Man:** Ottoh and his collaborators initially wrote this song for the U.K. girl group The Saturdays, before it wound up with the beloved club siren. "When you think about it, it's like a perfect gay anthem for Cher, even though we didn't make it that way," he said.

Saving smarts run in the family

ROLE MODEL

What lessons are you passing on to your kids about money?

Gail Vaz-Oxlade
For Metro Canada

Life offers you lots of opportunities to teach your children how money works, what they can do with it, and the place it should have in their lives. ISTOCK

Whether you're actively teaching your children about money and the role it should play in their lives, or not, they are learning from you.

When you tell them to save 50 per cent of what they get in birthday money or of what they earn on their paper route or working at the grocery store, you're sending signals.

Do you save 50 per cent of your income? Then why do you expect your children to do that?

Do you save anything at all? If you don't save, if you don't talk about savings and making them grow, your children will learn from you that saving isn't important.

If you follow trends, try to emulate what you see on TV or in glossy magazines, or compare yourself to your friends, your family or your neighbours, you can't then turn to your children and say, "Don't give in to peer pressure."

What do you want your children to know about money and the role it should play in their lives?

- More is better OR enough is a good thing.
- Richer is better OR a life well lived is what we are striving for.
- Pay it off tomorrow OR we don't spend money we haven't earned yet.

With all the blah blah blah about financial literacy of late, there's been a big push to put money lessons into the school curriculum. Let me save you some disappointment. It won't work.

Remember the food pyramid? That's being taught at school, which is why we no longer have a child-obesity problem. Oh, wait …

Despite learning about which foods are healthiest, if mommy and daddy serve up a hot dog, a bag of chips and a can of pop for lunch, what do you think kids learn?

Life offers you lots of opportunities to teach your children how money works, what they can do with it, and the place it should have in their lives. From grocery shopping to back-to-school shopping, from allowances for learning to paid chores for earning, you can use all the experiences kids have in their day-to-day lives to teach about money.

If you're afraid because you don't know where to start or what to say, or you're worried you might get it wrong, don't worry so much. You are already your kids' best teacher. They look to you for their sense of who they are and where they fit in the world. They count on you to guide them through the rough waters of making and keeping friends, building relationships, coping with the world at large. They trust you.

Besides, most of what you have to teach isn't that complicated. Is it so hard to teach the idea that money is an exhaustible resource, and when you spend it it's gone? How about that you have to make choices about what you do with your money? Or my fav: You can't spend money you don't have.

If you don't have all your financial ducks in a row, time to clean up your mess. You can't use the old "do as I say, not as I do" because kids will catch you out. Walk the talk if you want your children to learn the right lessons from you. These are lessons well worth learning … even for you.

For more money advice, visit Gail's website at gailvazoxlade.com

There's been a big push to put money lessons into the school curriculum. Let me save you some disappointment. It won't work.

More than just a pretty rate.

Nowadays, there's an overwhelming amount of choice available when it comes to investing your money. But you'll only find one place where your money truly gets the respect it deserves. At Oaken, you'll find some of Canada's highest savings rates and your deposits are eligible for CDIC coverage.† So do your homework and invest in the solution that's right for you.

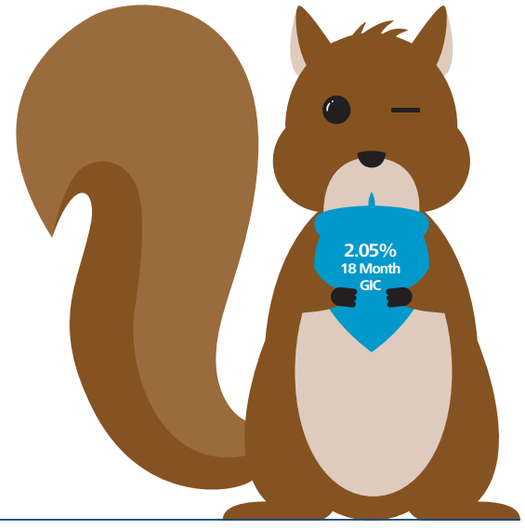
For some of the highest savings rates in Canada, call 403-692-4740 or visit oaken.com

Come see us at our store, or we can come to you!

1.75% Savings Account
1.95% 1 Year GIC
2.50% 5 Year GIC

Oaken™ FINANCIAL

Plant for your future™



Oaken Financial is a trademark of Home Trust, member of CDIC

517 - 10th Ave. SW, Calgary, AB T2R 0A8
OakenFinancial @oakenfinancial

Rates are correct as at November 30, 2015, and subject to change. Interest on all GICs is paid annually or compounded annually and paid at maturity, minimum deposit $1,000, non-redeemable. The Oaken Savings Account rate is annualized, interest is calculated daily and paid monthly. †CDIC coverage up to applicable limits.

Give more with maker-made gifts

Holiday shopping doesn't have to be a mindless retail rush. Metro found five Canadian marketplaces that offer carefully curated selections of handmade products from near and far that benefit the artisans, the environment and developing nations. For mindful gift-giving made easy, visit these sites **Henrietta Walmark** METRO LIFE

SONDER MILL

Tip the balance

Scott Miller discovered maker communities during a global backpacking trip. Four months and 15 countries later, Miller returned home to Toronto, and kept travelling. This time he sought out makers across North American and launched Sonder Mill. The online marketplace carries 2,000 ethically-made, small batch and one-off items by 200 Canadian and American makers.

We love Sonder Mill's handpainted paddles and their leather growler carriers but the balancing trick of this wine bottle stand made from reclaimed barn board will bring a smile to everyone's face. **sondermill.com**

Son of a Woodcutter wine bottle stand, $33.43 (price includes shipping)

HOW DOES THE STAND WORK?
It looks like magic, but simple physics and centre of balance do the trick. It even works with an empty bottle, but we suggest pairing the stand with a bottle of regional wine to make an eco-complete gift.

ALL PHOTOS CONTRIBUTED; BLANKET: PINTEREST

MEMBERS GET IT.

DEALS AT H&M adidas STARBUCKS ALDO ⊕ MORE

virginmobile.ca

Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.

Virgin mobile THE SOURCE WIRELESSWAVE Tbooth wireless WIRELESS etc...

WELCOME
Follow a Bosnian tradition by keeping a basket of slippers near your front door for your guests to enjoy.

UNIKATI & CO

May your slipper socks be merry and bright

Unikati is a Bosnian word for handcrafted, one-of-a-kind objects. The word reflects the heritage of Unikati & Co's co-founders Leila Handanovic and Dina Bajric. While travelling the world, the two best friends quickly figured out that commerce was more important than charity to the artisans they met along the way, and Unikati & Co was born.

The Toronto-based duo's lovingly sourced collection includes toys, scarves, jewellery — their beaded wrap bracelets made in Guatemala are gorgeous — and these cozy and colourful traditional Bosnian slipper socks that will keep toes toasty all winter long. **unikati.ca**

Long Pape Alina slipper socks, $55

MAGPIE JEWELLERY

Popping the question?

December is one of the most popular times of the year to propose. Ottawa-based jeweller Magpie offers bespoke engagement rings made with eco-friendly karats of gold, silver and platinum, and ethically-sourced Canadian diamonds and gemstones. They will also re-purpose family heirlooms. Either way you'll get a one-of-a-kind dazzler for your darling. **magpiejewellery.com**

MACAUSLAND'S WOOLEN MILLS

Counting sheep

MacAusland's on Prince Edward Island has been weaving pure virgin wool blankets since 1932 at a mill that's been in operation since 1870. The fourth generation family business sources raw fleece from the Atlantic provinces and uses old-fashioned machinery to create throws and blankets with 100 per cent Canadian charm. The blankets are available in a variety of colours, sizes and styles. **macauslandswoollenmills.com**

Blankets start at $86

FAR & WIDE COLLECTIVE

Fill more than your own basket

"I think people should feel much more comfortable buying a product from us than investing in a charity. I think it is more efficient," says Far & Wide founder Hedvig Alexander in a video on the company website. Alexander spent more than 15 years working in development in conflict zones where she saw craftspeople struggling to grow their small businesses. She created Far & Wide to help artisans in developing nations connect with buyers around the world.

The Wave Basket, crafted in Ghana, makes an elegant statement as an art object but can also be put to practical use as small storage. **farandwidecollective.ca**

Black and Beige Wave Basket, $169

Samsung GALAXY A5

$50/mo. GOLD PLAN GETS YOU:

- UNLIMITED Weekends & Evenings from 5pm
- UNLIMITED Worldwide Text Messaging from Canada
- UNLIMITED Picture Messaging to Canada & US
- 300 Canada-Wide Minutes
- 300 MB of Data
- Voicemail & Call Display

*$4.99 SIM CARD NOT INCLUDED.

Virgin mobile

IT'S BETTER TO BE A MEMBER

Limited time offer. Services available with compatible devices. *Available with new activation on a 2-year agreement. $4.99 SIM Card not included. Monthly 911 fees apply in: AB (44¢), NB (53¢), NL (75¢), NS (43¢), PEI (70¢), SK (62¢) and QC (40¢). Taxes extra. Other conditions apply. Conditions and restrictions apply for Member Benefits; see virginmobile.ca/benefits for details. Offer and Member Benefits subject to change/cancellation at any time without notice. If you cancel your Commitment Period early, an Early Exit Charge will apply. See your Agreement for details. Unlimited Text and Picture Messaging is only valid when message is sent from Canada. Text messages sent within the U.S. or internationally, premium text messages, text alerts, messages sent with an instant messaging application and dial-up messages are not included in any plan and cost extra. Canada-Wide Calling applies to calls made from Canada to a Canadian number or calls received from any number while you are inside Canada. Additional minutes are 50¢/min. Long distance charges on calls to the U.S. are 50¢/min in addition to your local per minute rate. Additional data is $5/100 MB. Screen image simulated. Phones and some colours may not be available at all retailers. Other restrictions apply; see virginmobile.ca for details. © 2015 Samsung Electronics Canada, Inc. All rights reserved. Samsung and Samsung Galaxy A5 are trademarks of Samsung Electronics Canada, Inc., and/or its related entities, used with permission. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under license. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2015 Virgin Mobile.

How kids see the future of work

Polycom and the Global Nomads Group asked 25 middle schoolers from around the world what they expected their working lives to be like in the future. ISTOCK

SURVEY

Students predict holograms, global offices

Raquel Laneri
Metro | New York

Virtual-reality press trips, mobile offices, Skype meetings: what's the workplace of the future going to be like?

Video-conferencing specialist Polycom, in collaboration with Global Nomads Group, which connects classrooms from around the world through technology, put that question to 25 middle schoolers earlier this month. The students conferenced in from classrooms in New York City, Pakistan, Jordan and Thailand. Here's what they said.

Offices will be more global

With the word becoming more connected — all the students taking part in the videoconference had Facebook — it makes sense that young people would expect the workplace of the future to demand collaboration with different countries and cultures.

"In general, we're not doing a really good job in our schools preparing our students for that," says Chris Plutte, executive director of Global Nomads Group.

"Through our programs, we're trying to give young people this opportunity to collaborate and connect with other kids throughout the world to prepare them for success."

They can work from anywhere

Just as the idea of dealing with — and even travelling to — other cultures may seem natural to them, the thought of being stuck in a physical office, or tied to a particular company, for the whole of their working life is anathema.

"It's not about where you work, but it's about what you do," says Laura Owen, chief human resources officer at Polycom. (Which given our increasingly freelance economy, and focus on work-life balance, is probably smart.)

We'll be interacting with holograms

One student from New York said he was hoping that the future workplace would include holograms. But he may not have been far off.

"We just did our first 3D video for doctors, of an open-heart surgery, which was projected for medical students," says Owen.

"So holograms may be in our near future."

EARN YOUR PAYCHEQUE
while you
EARN YOUR DEGREE
Designed for working adults, our downtown Calgary Campus offers evening and Saturday classes to accommodate your busy schedule. Earn a Bachelor of Management – and keep your day job, too!
APPLY BY DECEMBER 1
for Spring 2016
Maaike van Gogh | BMgt '15
ulethbridge.ca/future-student/calgary
University of Lethbridge
FIAT LUX
Calgary Campus

WORLD WEALTH

Tina Turner, Ikea family top Swiss billionaire list

Morose economic growth and a turbulent stock market have not stopped Switzerland's super rich from getting a lot richer this year, a report showed Friday.

In its annual analysis of the fortunes of Switzerland's 300 richest people, the Bilan magazine said the exclusive club, including the likes of rock and soul legend Tina Turner, have swelled their combined wealth by six billion Swiss francs ($5.8 billion) to reach a record $772 billion.

Topping the list for the 14th year in a row was the family of Ikea founder Ingvar Kamprad, who this year count an accumulated fortune of between $57 and $58 billion — two billion more than last year. Kamprad, 89, moved back to his native Sweden in 2013, but his two sons who run the flat-pack furniture empire remain in Switzerland and hold Swiss nationality.

Coming in second was Swiss-Brazilian food magnate Jorge Lemann. His 3G Capital fund controls the likes of Budweiser and Stella Artois, Burger King and HJ Heinz.

AFP

TECHNOLOGY

Think before you send: The carbon cost of email

A long list of seemingly harmless everyday actions contribute to emissions of carbon dioxide (CO_2) and other climate-altering greenhouse gases.

Driving a car and flipping a light switch have a clear "carbon footprint" — much less obvious is the harm caused by sending a simple text message or opening a bottle of water.

Here is the environmental impact of digital messaging, something you may have thought carries zero carbon footprint.

Digital footprint

Sending even a short email is estimated to add about four grams of CO_2 equivalent (gCO_2e) to the atmosphere.

To put this into perspective, the carbon output of hitting "send" on 65 mails is on par with driving an average-sized car a kilometre.

The culprits are greenhouse gases produced in running the computer, server and routers but also those emitted when the equipment was manufactured.

It gets worse when you send an email with a large attachment, which puts about 50 gCO_2e into the air. Five such messages are like burning about 120 grams of coal.

And think about this: Receiving a spam message — even if you do not open it — has an environmental impact of 0.3 gCO_2e.

The global carbon footprint from spam annually is equivalent to the greenhouse gases pumped out by 3.1 million passenger cars using 7.6 billion litres of gasoline in a year.

Here is something to keep in mind the next time you type in a non-essential Google enquiry: A web search on an energy-efficient laptop leaves a footprint of 0.2 gCO_2e. On an old desktop computer, it is 4.5 gCO_2e.

And that text message? It comes at a cost of about 0.014 gCO_2e.

AFP

65

Sending 65 emails is the carbon equivalent of driving an average-sized car about one kilometre. The culprits are greenhouse gases produced in running the computer, server, and routers but also those emitted when the equipment was manufactured. AFP

Data scientists earn high salaries — an average of $115,000 per year. ISTOCK

How to get the sexiest career of the 21st century

INTERVIEW

A job in data science offers good pay, work-life balance

Raquel Laneri
Metro | New York

Is data scientist the sexiest job of the 21st century? That's what the Harvard Business Review said back in 2012, and now the rest of the world seems to be catching up. Forbes has recently ranked data science the No. 1 career for work-life balance, while Careercast has named it the sixth-best job for 2015.

That's partly because of high salaries (with an annual average of $115,000, according to Glassdoor), but also because there's a growing demand for the job. Companies want workers who can look at the facts, figures and information their products or services generate to glean all sorts of insights.

"The applications are really broad," says Shanji Xiong, chief scientist for Experian's Global DataLabs, which uses data innovation to solve marketing and risk-management problems in financial services, telecommunications and health care.

"Almost every aspect of our lives today has data and a data scientist behind it. Whether you're driving your car, you're cooking your meal, you use your cellphone — every step along the way there's a lot of data science behind the scenes."

We asked Shanji why he loves his job.

You can study anything and be a data scientist

There's no such thing as a data science degree — not yet, anyway. And while most data scientists do come from fields like computer science, engineering or mathematics, Shanji says, they don't need to. "I run into data scientists who come from more liberal arts backgrounds: economics, finance, other sciences," he says. "To me, data science is a whole spectrum of capabilities and profiles, because it's constantly developing, you're constantly learning, and it can be applied to anything." All you need is a little coding experience and a desire to learn.

It's creative

A data scientist is like a designer, with an equal dose of mathematical application and intuition. "The thing about being a data scientist is that you have the data, but that data doesn't talk to you directly," Shanji says. "It's up to you, the data scientist, to try to understand what kind of information is in the data and then design the tools to detect larger patterns."

It's rewarding

Another thing you might not assume about data science: It's really fun. Shanji describes a work environment that's built on collaboration. Plus, it can be rewarding. "We're not concentrating on immediate revenue, but on longer-term, high-impact projects," he says. He cites work that his company does with health services, to determine things like how to reduce a hospital readmittance rate or how to get patients to take meds.

$ GETTING IN

Here's how to become a data scientist:

- Take a free online course to see if it's something you actually want to do. Shanji recommends a course in statistics or motion learning, which you can find at sites like Coursera.
- If you decide that data science is something you want to pursue, go ahead and learn one programming language that's widely used in the field. That will allow you to do the next step, which is ...
- Get your hands dirty by trying out a data-mining project. (Kaggle has a ton of tests you can play with.)

GOT CRAYONS CALGARY?

WEEK 8 contest closes Monday Dec 7th!

Here's your chance to have fun, relax and WIN exciting prizes!

METRO is running a weekly Adult Colouring Contest **every Tuesday!** Weekly prizes to be won, with a final grand prize consisting of two lower bowl tickets to the New Years Eve Calgary Flames game vs the Los Angeles Kings.

Don't forget to pick up METRO **tomorrow**, then reach for your choice of coloured pencils, markers, or pastels and get creative!

Brought to you by The Camera Store Get the picture Nikon | metro

Gain the knowledge and training you need to excel in a competitive business environment.

$7995 (Includes Tuition & Textbooks)

Develop a full range of skills from Economics, Human Resources, Organizational Behaviour to Financial Accounting, Marketing and more that you will rely on in any business setting.

ROBERTSON COLLEGE 587.794.4476 | robertsoncollege.com

RATINGS

Vast majority of TV viewing is live: Report

Even though the overwhelming majority of Canadians still watch live TV, a new study says there has been "rapid" growth in people accessing video on demand through their service providers.

Canadian audience measurement firm Numeris released a report Friday which found about 90 per cent of overall viewing is still live — a broadcast over the air or through cable — as compared with on demand.

But the findings also noted a shift in how younger demographics are watching television.

"Services such as video on demand are relatively new offerings in Canada, but they have been steadily on the rise," the report said.

"Catch-up viewing is growing rapidly, especially for the younger age groups."

In the study, video on demand was considered anything viewed through either a set-top box or a broadcaster's website or smartphone app. It conducted the study with its radio and TV panel of 5,000 households, made up of 11,000 individuals more than two years old.

Numeris did not consider other sources, such as video streaming services like Netflix and Shomi or illegal online downloads, which are harder to accurately track.

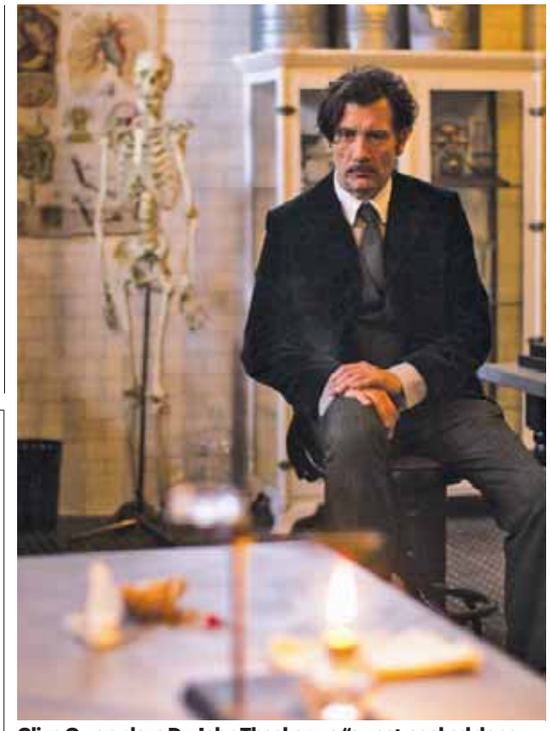
The most common VOD users were women 25 to 49 years old, with a job, and children under 12 years.

In the United States, many cable channels have been shifting away from determining a TV show's success by its "same-day" ratings numbers, arguing that advertisers should pay based on the popularity of shows over several days of VOD availability.

Last week, Fox became the first of the big U.S. networks to stop providing "same-day" ratings to the public.

THE CANADIAN PRESS

shaganappi.com
SHOP ON LINE | ALL TRADES WELCOME
24/7
CYBER MONDAY
BUY NOW
2015 CHEV EQUINOX
LOADED AWD HEATED SEATS REMOTE START
$26,888
2014 CHEV CRUZE
$14,877
2014 CHEV SILVERADO
LTZ CREW CAB 4X4
$48,998
2015 DODGE JOURNEY LOADED LEATHER
WAS $29,995 NOW $26,888
2014 TOYOTA TUNDRA 5.7 CREW MAX
WAS $37,995 NOW $34,888
2015 BUICK ENCORE AWD LOADED
WAS $30,995 NOW $28,888
2012 GMC ACADIA SLT AWD
WAS $30,888 NOW $28,888
2014 JEEP GRAND CHEROKEE 4X4
WAS $34,899 NOW $29,888
2006 CHRYSLER 300C SRT8 WOW ! LOADED
WAS $19,995 NOW $15,788
CHEV IMPALA LTZ
WAS $24,995 NOW $18,888
2013 HONDA ODYSSEY EXL + WINTER TIRES
WAS $33,995 NOW $31,888
2012 CHEV SILVERADO LTZ LOADED
WAS $34,995 NOW $30,888
2012 RAM 3500 LONGHORN LOADED
WAS $51,995 NOW $47,888
2014 CHEVROLET CRUZE LT LOADED
WAS $15,995 NOW $13,488
2010 FORD F150 HARLEY DAVIDSON
WAS $29,995 NOW $25,888
2010 CHEVROLET EQUINOX LOADED
WAS $12,995 NOW $11,995
2015 CHEVROLET TRAX LT AWD LOADED
WAS $22,995 NOW $20,888
2012 CAMARO 2SS 45TH EDITION LOADED
WAS $33,995 NOW $29,888
2015 GMC SIERRA DENALI LOADED
WAS $58,995 NOW $55,555
GET EXCLUSIVE DEALS THIS CYBER MONDAY ONLY! CLICK & SAVE!
GM
CERTIFIED PRE-OWNED
REBUILD YOUR CREDIT!
GET APPROVED FAST!
DRIVE AWAY TODAY
SHAGANAPPI
403.536.3431
On the corner of Crowchild & Shaganappi Trail NW. Take Northland Dr. Exit off Crowchild Tr.



Clive Owen plays Dr. John Thackery, a "sweat-soaked dope addict" on Steven Soderbergh's The Knick. CONTRIBUTED

JOHANNA SCHNELLER WHAT I'M WATCHING

Privilege and the pervert

MOMENT

The Knick puts entitlement on the operating table

The Knick: Season 2, Episode 2 (TMN)

It's the early 1900s, and Herman Barrow (Jeremy Bobb), the greedy administrator of New York's gritty Knickerbocker Hospital, has made a deal with a whorehouse owner: He can sneak in girls for treatments in exchange for kickbacks. Barrow knows Nurse Elkins (Eve Hewson) will be discreet; he's got dirt on her.

But what about the doctor — grey-haired, genteel — who's just popped into the room unexpectedly? The doctor regards the whores. Barrow and Elkins hold their breath.

"Such lovely ladies," the doctor coos, choosing one to sit on the examining table. Elkins brings him stirrups. "Oh, I don't need those, they can put their legs on my shoulders," he says, jolly as Santa Claus. "I don't need swabs either, a close look and a good nose are enough."

Eeewww.

This series revels in the gore of early 20th-century medicine — there's always a jagged bone on display, a rotting patch of skin to drain. The lead character, Dr. John Thackery (Clive Owen) — not the doctor in this scene — may be a brilliant surgeon, but he's also a sweat-soaked dope addict.

The grotesqueries that director Steven Soderbergh (who helms every episode) and his writers are really exposing, though, are those of human behaviour: not only chauvinism, but also racism and classism.

Because The Knick takes in all patients, from destitute immigrants to high society, characters like the jolly doctor can demean others with casual entitlement. Soderbergh's point, of course, is that demeaning is still rampant. Less overtly displayed, perhaps, but putrid nonetheless.

The Knick can be seen on demand at TMN GO. New episodes can be seen Fridays at 11 p.m. on HBO Canada.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

GOSSIP BRIEFS

Anne Hathaway is expecting

Oscar-winner Anne Hathaway stepped out over the weekend with a very noticeable midsection bulge, alerting the world to the fact that she and husband Adam Shulman are expecting their first child. "Anne is in her second trimester and feeling great," a source tells E! News. Though there's been no official announcement, speculation started in September when she was doing press for The Intern and starting to show. Hathaway and Shulman were married in 2012. NED EHRBAR/METRO

Tracy Morgan met his maker

Tracy Morgan is opening up about the horrific car accident in June 2014 that left him in a coma and took the life of his friend James McNair. He tells Complex magazine that he "went to the other side" and talked to God. "This is not something I'm making up," he insists. "Do you know what God said to me? He said, 'Your room ain't ready. I still got something for you to do.' And here I am, doing an interview with you." NED EHRBAR/METRO

Ice T's baby takes its first tweet

This weekend, Ice T and Coco welcomed their first daughter to the world — and to the world of social media. Baby girl Chanel Nicole was born on Saturday morning, and within hours she had her first post on her own Twitter account up. And by the end of the weekend she had more than 16,000 followers. Still no word on a blue check mark from Twitter, though. Maybe that's more of a Christening present. NED EHRBAR/METRO

FACEBOOK POST

Sinead reported safe

Ned Ehrbar
Metro | Hollywood

Sinead O'Connor fans, friends and family were worried Sunday when a pointed, harrowing note was posted to her Facebook page claiming she had "taken an overdose" at a hotel under an assumed name.

The authenticity of the letter could not be verified though Billboard reported later Sunday that O'Connor was "safe and sound" after being found and administered medical care by Irish police. Her representatives have made no official comment.

"There is only so much any woman can be expected to bear," the beginning of the letter stated.

Earlier on the weekend, O'Connor's page had messages referencing a fight with exes over two of her four children.

O'Connor, 48, rose to fame in 1990 with her hit single Nothing Compares 2 U and has been vocal about her battle with depression. She spoke with Oprah Winfrey in 2007, revealing she attempted suicide in 1999.

Lynn: My least favourite look

LERA LYNN

Musician looks different than True Detective character

Singer songwriter Lera Lynn looks nothing like the character she played on Season 2 of HBO's crime noir series, True Detective, who sang woeful drug ballads in a seedy dive bar.

Lynn said main actors Vince Vaughn and Colin Farrell probably never saw her on set without her makeup on, which included track marks and bruises on her arms, dark circles under her eyes, oily hair and yellow teeth.

"I looked a lot worse in person than on camera, thankfully," said Lynn in her home studio in Nashville, Tennessee. "I did tell Colin and Vince once, 'Just so you know, I am a healthy regular person.'"

Lynn was selected by producer and composer T. Bone Burnett to help write and sing the songs that set the mood for the series. But Burnett and the show's creator Nic Pizzolatto couldn't tell her much about the plot when she started working on the show, other than they wanted "narco-ballads," Lynn said. Grammy-winning singer Rosanne Cash also helped write songs for the show as well, including the haunting My Least Favorite Life.

"It was interesting trying to create a character for the show whose function I was completely oblivious to," Lynn said.

But now that the show is over, Lynn has returned her focus on working on her next album and touring. Lynn's last album, The Avenues, released in 2014, is a mix of Americana and country and her voice has a heavenly whisper that invokes comparisons to Joy Williams of The Civil Wars. Her next album, produced by Joshua Grange, is due out early next year.

"I think there are definitely aspects of the True Detective style that run through my music," Lynn said. "It's just a sliver of what I do. T. Bone saw that somewhere and I think that's why he invited me ... on the show."

She's thankful for the attention she's gotten from appearing on the show and said adding the songs from the television series to her set list has also added a dramatic element to the live show.

"I throw them in where people least expect it," Lynn said. "It's a neat part of the show, I think. It just brings everything way down for a minute. And then we just rock out." THE ASSOCIATED PRESS

Musician Lera Lynn performs during Stagecoach 2014. The singer songwriter has incorporated songs from True Detective to her new set list. ALL PHOTOS GETTY IMAGES; TWITTER

THE CALGARY URBAN ABORIGINAL INITIATIVE
Invites you to their 10th and Final CUAI Community Conference.

DECEMBER 11,2015
9:00AM - 3:00PM CARRIAGE HOUSE INN
9030 MACLEOD TRAIL SOUTH CONFERENCE CENTRE

KEYNOTE SPEAKER DR. REG CROWSHOE
CUAI DOMAINS BREAKOUT Sessions
DOOR PRIZE!

PAST | PRESENT | FUTURE
Come join us as we celebrate the last 16 years and help move the Domains forward.

SPACE IS LIMITED & WILL GO FAST! This is a FREE event & is open to everyone.

Registration is mandatory by December 1, 2015 cuaiconference2015.eventbrite.com

CYBER MONDAY

SHUTTERSTOCK

Compare prices before buying

Jason Brown has been building websites for businesses since he was 16 years old. But October of this year marked his most ambitious project. As founder and CEO of GiftFind.ca, the 26-year-old unleashed his comprehensive price comparison site just in time for the busy holiday shopping season.

"I shop online a lot," says Brown. "But it can be a big headache. Many retailers sell the same products and it can take you hours and hours to find what you're looking for at the cheapest price."

Brown launched GiftFind.ca to fill a perceived hole in the Canadian market by helping consumers locate name-brand products at the lowest possible cost.

His website features more than 300 million products from 500-plus retailers such as Amazon, Best Buy, Home Depot and Walmart. Shoppers can check out the site's product and video reviews to narrow down shopping choices. And if you're stuck on what to get a niece or nephew for a milestone birthday, you can type '21st birthday gifts' into the tool bar to get ideas.

GiftFind is the newest shopping comparison site, but it certainly isn't the only one available in Canada. ShopBot.ca has been a player in the market since 2004 and offers a full range of shopping categories from computers to wine and gifts, as well as a collection of products and stores you may not find on other price comparison sites. It too directs you to the retailer with the lowest price. And fully two-thirds of its retailers are Canadian.

In addition, Shoptoit.ca, launched in 2005, boasts a comprehensive selection of stores and products and Pricegrabber.ca and PriceFinder.ca both offer a product selection more heavily weighted on the side of electronics.

For shoppers, the range of price comparison websites offers an opportunity to let your fingers do the walking, sussing out the best deal on just about anything. The caveat: you should make sure you're comparing apples to apples.

For instance, many price comparison tools direct you to U.S., as well as Canadian websites. But, although prices may initially appear lower for the American retailers, when you shop Canadian e-commerce sites you won't be surprised by extra charges for taxes, duty and processing at the border. Look for a Canadian flag in the corner of the site, or .ca as opposed to .com on the website name.

If you do opt to order from a U.S. site, make sure you get the final tally before you click to purchase. Extra fees can easily double the cost of your "bargain." — *Camilla Cornell*

LEVEL UP
UPPER LEVEL - 3512 17TH AVE SE CALGARY, ALBERTA
30%* OFF
ALL CLOTHING APPAREL PS3s AND XBOX 360s
BUY 3 GET 1 FREE!
MIX & MATCH VIDEO GAMES DVDS, BOX SETS & BLURAYS
LEVEL UP
STORE HOURS
MONDAY- FRIDAY 11AM - 9PM
SATURDAY 11AM - 8PM
SUNDAY NOON - 6PM
403.248.2287
LEVEL UP
XMAS SALE 2015
* 30% OFF WHEN MENTIONING THIS METRO AD
GAMING • LIFESTYLE • CLOTHING • ACCESSORIES

Take your gaming to another level

Level Up offers everything from games to clothes

SHUTTERSTOCK

Got a gamer in your life? Do you have old games and consoles that you'd rather trade in for the ones you really want?

Level Up has it covered, with video games, consoles, accessories (wallets, backpacks) and apparel (men/women/child T-shirts, hoodies, jackets, hats, socks and more).

Looking for a "bazinga" T-shirt from the Big Bang Theory? How about a Mario hat, or a Zelda wallet for the gamer on your Christmas list? The latest DVDs and Blu-ray movies, board games and more — Level Up has them all at its expanded 6,000 square-foot space at 3512 17th Ave. SE.

"Everything that's movie and game related — we've got it," says Level Up owner Shaheed Rana. "We're about leveling up too, so we offer trades on games or consoles customers don't want for the latest and newest products. For example, people bring in an older XBOX360 with games to trade up for an XBOX1.

The value of trade-in depends on demand, but people still want certain older products, like Nintendo 64."

This Cyber Monday, Level Up is offering 20 per cent off merchandise at its online Amazon store, available through a link on the levelitup.ca website.

In store through the holiday season, Level Up is offering 25 per cent off clothing, merchandise, PS3s and XBOX360s. As well, buyers can mix and match DVDs, Blu-rays and games for a 'buy 3, get one free' discount.

Homestead Aerial connects the past

We can all use a little perspective in our lives, and one Calgary-based company offers a point of view of the aerial sort with photography from a vantage point high above ground.

Since 1953, Homestead Aerial has provided aerial photo services of farms/acreages/homesteads, commercial buildings and special events to Canadians. More than 600,000 photos of farms (in Alberta, B.C., Manitoba, P.E.I. and some parts of Nova Scotia, New Brunswick and Ontario) have been documented going back six decades, offering a treasured connection to the past for families and new property owners alike, according to Homestead Aerial owner Kim Bessette, who, with wife Eileen Deringer, bought the long time business in 1993.

Today, the couple helps people find original photos of farms, attending occasional trade shows in the prairie provinces, visiting property owners in small communities, and taking search details through the Calgary office (5532 1A St. SW) or online at homesteadaerial.com.

"Many don't realize these photos are even available. They make a wonderful, historical record or keepsake — a reminder of what came before and what is there now, whether it's a family farm or significant buildings in a town," said Bessette, adding that before current flight restrictions, aircraft were able to get detailed shots of properties — about 200 feet up in towns, and usually 500 feet above for farms. "The quality and detail is great, even showing people, laundry hanging on the line, or cows coming home."

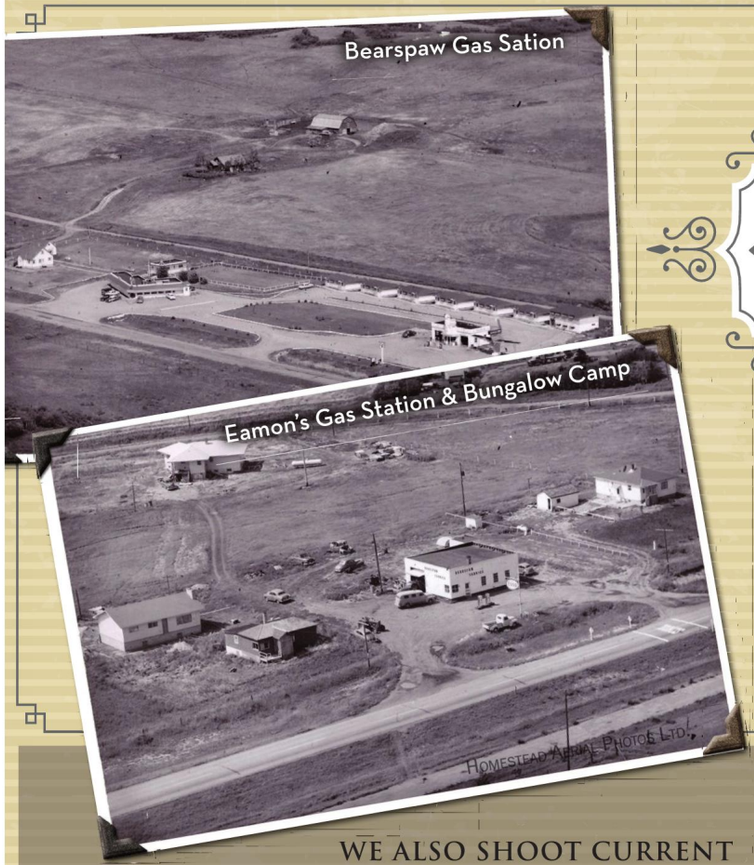
Bessette said many customers like the before-and-after type photo, so part of the company's work now includes "after" photos taken with a remote-controlled helium blimp or drone, perfect for accessing areas restricted to conventional aircraft.

"We have orders through next summer — property owners who want a current shot of their land. And we still have the original negatives from the "before" photos, so we can produce vividly detailed, top quality photos," he says.

CONTRIBUTED

In the Calgary darkroom, Bessette creates framed, glass-covered and captioned prints for buyers, ranging from a typical 9 x 14 size to 24 x 36 (or any size in between).

As part of a "Shop the Neighbourhood" promotion this holiday season, Homestead Aerial is offering 10 per cent off everything. Call 403-253-9282, or toll-free at 1-800-461-FARM, for details.



ARCHIVAL FARM PHOTOS

VINTAGE FARM PHOTOS

1953 THRU TO 2000

Are you looking for an archival photo of the family farm, business, country school, church or town?

WE CAN HELP
We cover Alberta, BC & Manitoba

Bring your site's legal land description to help find it; or some photographs can also be searched by referring to the landowner's name at the time the photo was taken. If you're looking for other areas in the province, please contact us in advance so we can bring them in!

PERFECT FOR CHRISTMAS GIFT GIVING!

WE ALSO SHOOT CURRENT PROPERTY! BOOK WITH US NOW!

HOMESTEAD AERIAL PHOTO.com
Ph 403.253.9282 | email hfp@telus.net

FUTURE OF PHOTOGRAPHY IS HERE

CHECK OUT MIRRORLESS CAMERAS

Is there a new camera in your future? These days, everyone has a phone with a camera, which takes adequate spur-of-the-moment snaps and selfies for quick sharing. But most everyone also knows — from professionals to photography hobbyists to new parents and more — that for portraits, display photos, gifts and keepsakes, a quality camera makes a difference in the quality of the end product.

The Camera Store (at 802-11th Ave. SW in Calgary) is a proudly Canadian premier photo and video outlet — a full-line dealer for the entire range of photographic equipment and supplies at great prices. And the store's expert staff can help find the perfect equipment for whatever your needs might be.

Evelyn Drake, administrative manager at The Camera Store, explains that bigger is not necessarily better when it comes to choosing a new camera. Think mirrorless interchangeable lens cameras, she says — the way of the future for everyone from professionals to parents capturing special moments. Available in a variety of brands (Canon, Nikon, Fujifilm and more) and a range of resolutions (from 10 to 42 megapixels) and screen sizes, the mirrorless cameras do as much, if not more than traditional DSLRs.

Described as the future of photography, mirrorless cameras allow HDR bracketing and time-lapse photography for landscape enthusiasts, plus long exposure and built-in panoramic shooting, and even 4K video in select models, at a range of price points.

"By removing the mirror, you gain faster frame rates for capturing action and faster autofocus, so you never miss a moment," Drake said. "All this in a smaller, lighter package with the ability to adapt a variety of lenses outside the brand's lineup."

The Camera Store offers workshops and events (lighting to DSLR basics and many more), same day shipping to Calgary customers and free shipping on regular orders over $99. Rental equipment is also available for those who want to try out the latest and greatest equipment. Shop in-store or see thecamerastore.com for details.

PICTURE THIS: THE PERFECT GIFT

If you are looking for the perfect gift for the photo enthusiast on your list this holiday season, look no further than The Camera Store. With expert staff, great prices all year-round and a huge selection of photo and video equipment, as well as a variety of accessories, books, workshops, seminars and more, The Camera Store is truly a one-stop shop for all your photo needs.

Visit The Camera Store at 802-11th Ave. SW in Calgary, or login online at thecamerastore.com for the latest news, promotions, events, and up-to-date prices.

CONTRIBUTED

CONTRIBUTED

Meet photographers who shoot the world

What do you give the photo enthusiast on your holiday shopping list? Are you looking for inspiration for your own photography passion? The Camera Store (802 11th Ave. SW Calgary) is the city's premier, one-stop shop for your photographic needs and interests. There you'll find the latest equipment, from mirrorless interchangeable lens cameras, to expert advice from staff on what best suits your needs and budget.

Often, fellow photographers are a great source of information for aspiring shutterbugs — sharing ideas on what works and what doesn't, what inspires, how to deal with challenges in lighting etc. Local photographers, in particular, can speak to challenges in shooting photos in Southern Alberta — landscapes, wildlife, summer or winter nature scenes, etc.

The Camera Store is hosting free book signing events featuring local photographers on the next three upcoming Saturdays, from 11 a.m. to 3 p.m. Evelyn Drake, administrative manager for The Camera Store, says a signed photography book makes a great personalized gift for "the hard-to-shop-for person on your list, or anyone who has a passion for photography."

On Dec. 5, Nancy and Sarah Desilets feature A Fling through the Highlands — a collaboration between Nancy and her daughter Sarah travelling to and around Scotland while competing in highland dancing. There's sure to be some beautiful landscape shots in this book.

On Dec. 12, Ken Hoehn features his two new wildlife photography book titles, including Alberta Wild, and a new children's book called When I Was Little, and If I Was Big.

As we near the end of Christmas shopping season, Jeremy Fokkens comes to The Camera Store Dec. 19, to sign copies of his book The Human Connection — Photographs & Stories from Bangladesh and Nepal. Travellers and photographers alike will most certainly find this book especially interesting.

For more information on these book signings or other local photography events (news, sales promotions, workshops and more), visit thecamerastore.com, or stop in-store to speak to staff.

The Camera Store's Cyber Monday Sale

Get great deals on Nikon cameras and accessories!

Nikon COOLPIX P610

With the P610 and its 60x optical zoom lens, grip-style design, GPS, built-in Wi-Fi and NFC, plus Full HD video capabilities, a whole new world of shooting and sharing opportunities opens before you.

$359.89
Save $60

Nikon COOLPIX AW130

Waterproof, shockproof and freezeproof, the COOLPIX AW130 is ready for adventures. With built-in Wi-Fi and NFC, you can transfer your photos right to a compatible smartphone.

$279.00
Save $50

Nikon D7200 Body with Free Nikon Backpack, Battery & Remote

Bring your creative vision to life with photos and videos that shine with sharpness and clarity. Shoot in nearly any light from dawn until after dusk and capture everything from sports and action to wildlife and everyday moments. Then share your beautiful images easier than ever with a compatible smart device.

$1199.00 Save $195

Nikon D3300 Two-Lens Bundle with 18-55mm + 55-200mm VR II + Free Nikon Gadget Bag

The D3300 makes it fun and easy to preserve those moments in the lifelike beauty they deserve: stunning 24.2-megapixel photos and 1080p Full HD videos with tack-sharp details, vibrant colours and softly blurred backgrounds. Like sharing photos? The D3300 photos can appear instantly on your compatible smartphone or tablet for easy sharing with the optional WU-1a Wireless Adapter!

$579.00 Save $190

Save up to $200 on select Nikkor Lenses

Pricing valid at The Camera Store for Black Friday Weekend from Nov. 30th-Dec. 3rd, 2015 while supplies last.
*Savings is based off of regular MSRP and add-on item value where applicable.

Proud recipient of the Consumer Choice Award for Photographic Retailer 10 years in a row.

The Camera Store
Get the picture

Big Box Prices, Expert Knowledge.

Call or check our website for guaranteed low prices.
802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397
www.thecamerastore.com

SENIORS' HOUSING FORUM

Avoid the pitfalls of house hunting

On the list of life's most stressful events, moving house is certainly a top-10 event.

Then add the complexities of any health challenges, family dynamics, financial considerations, legal concerns — the list can go on and on. It's easy to see how people can become overwhelmed, frustrated, or just completely lost as to what to do next.

While there are plenty of services and agencies that can help you figure out your options, to the uninitiated, it can look like a giant minefield. There are too many directories, listings, choices or not the right options for you at all. The seniors housing market can look pretty crowded and overwhelming.

Here's how you can sort through it all:

If time permits, create your key list of "must haves," factor in your budget, location, emotional and care needs. Get a clear idea of your barriers to moving. Stop and consider: Is it fear of change or downsizing? Are you confused by the process, suffering with emotional overload? Are you concerned about finances, loss of independence, worried you may get ripped off? Try to identify these barriers and then address them immediately.

Learn the definitions of housing. There are many different kinds of options and each one represents different services and costs — read the definitions www.seniorshousingnow.ca. Doing your research upfront means you can find the right place

SHUTTERSTOCK

to live before you move, and reduce the risk of having to move again.

Try not to be in denial about the aging process. Health clauses in rental agreements exist and they are strictly enforced.

Make a short list of potential communities. Ask to meet some current residents and ask candid questions about meals (if they are offered), assistance with maintenance issues, staffing levels and kindness of the employees and other tenants. Be snoopy.

Don't be shy. If you thought high school was bad, some buildings can be worse. Residents' councils can create terrifying or ridiculous rules, such as not being allowed to cook bacon in your apartment on any day other than Sunday (an actual rule in a seniors building in Calgary). Make sure you ask to see the last six months of resident council or tenants meeting minutes. You want to make sure you're moving to a place with a friendly atmosphere.

Lastly, don't wait until the last minute. Do your research and be prepared for a very big event in your life.

MORE ONLINE

Be sure to look out for Part 4 of this feature on Jan. 25. Can't wait until then? Visit us at seniorshousingnow.ca.

Complimentary lunch

Complimentary dinner

revera
Retirement Living

Choice – it's what living at a Revera retirement community is all about.

That's why, Revera would like to invite you and a guest for your choice of a complimentary lunch or dinner and tour. Take the opportunity to learn more about the retirement options available and speak with residents about what it's like to live at Revera. See why they tell us they "should have done this years ago."

Calgary
Chateau Renoir
403-255-2105

McKenzie Towne
403-257-9331

Scenic Acres
403-208-0338

The Edgemont
403-241-8990

Okotoks
The Heartland
403-938-4448

AGE IS MORE
Working together to overcome ageism.
Visit AgeIsMore.com

Keep the holidays full of joy

Christmas isn't always a time of joy and celebration. For many, the holiday season is a reminder that we're far away from family or that there isn't money to buy presents. But instead of giving into the funk, there are small and affordable ways to take part in the festivities and try to enjoy the best of the season.

There are plenty of free events around Calgary over the month of December (and all winter long). From heading to church, going to a craft fair or enjoying a choir or concert, try to get out and enjoy an activity, as well as the community that comes along with it. Visit seniorshousingnow.ca for a list of events. If you need a lift, call a church to see if they have volunteer drivers.

Invite someone over for a potluck dinner, or just a few cheese and crackers. What you serve doesn't matter, instead, feast on the conversation. You don't have to tune into your favourite Christmas movie by yourself. Ask a neighbour to join you, make some popcorn and turn a hum drum evening into a little holiday celebration watching "It's a Wonderful Life."

Give yourself a little treat. From decorating your house with something sparkly to buying yourself a box of your favourite cookies, do something nice for yourself. Look for a little joy during the season. You don't need a 12-foot Christmas tree laden with lights to light up your mood. Sometimes, you can buoy your spirit with the smallest of joys — a child's delight at Santa, a stranger's greeting. Look for the little joys and you might find one.

Do something nice for someone else. After all, it's "better to give than receive." Leave a homemade card or small treat for your neighbours. Not only will it offer them some delight, you may find it delights you too. If one of your neighbours has been a "Snow Angel" and cleared your walk, you can nominate them for recognition by calling 311.

Allow yourself to feel your emotions. The holidays can be a sad time. Excuse yourself if you can't do some of your old holiday traditions. Maybe try doing something else, instead. Getting out and being around people, even for just a small time, can make a difference to how you're feeling.

Many people struggle over the holiday season. If you need to talk to someone, call the 24-hour crisis line at 403-266-HELP (4357).

SHUTTERSTOCK

NOW RENTING

WALDEN HEIGHTS ESTATE

250 Walden Gate SE Calgary, AB

AFFORDABLE LUXURY 55+ RENTAL UNITS

BY Hestia PROPERTIES

For additional information

info@hestiagroup.ca 403.873.8144 x201 hestiaproperties.ca

A Place to Call Home.

Carefree, Comfortable and Safe.

We set the standard for **AGE-IN-PLACE LIVING** by delivering support services needed to ensure ongoing quality of life throughout the years at our beautiful residence.

Ask About our Secure Memory Care Unit
Providing a Continuum of Care and Support to Seniors in an elegant community that is safe, Secure and comfortable

SHOW SUITES OPEN DAILY
Call or Drop By For A Tour!

Auburn Heights
Retirement Residence™

21 Auburn Bay Street, S.E., Calgary, AB

An All Seniors Care Living Centres Residence

403.234.9695

"At Your Service" Amenities:

- Well-Designed Spacious Suites with Large Balconies or Patios
- Delicious Home Cooked Meals
- Daily Activities and Outings
- Indoor Pool and Fitness Studio
- Individualized Resident Care through Specialized Assessments
- Visiting Physicians
- 24/Hr Nursing Staff
- Secure Memory Care Floor

All Seniors Care Living Centres

Where Caring is Our Number One Concern™

www.allseniorscare.com

PROUDLY CANADIAN

QOLA SUPPORTED

INTRODUCING
CLOVER LIVING
INDEPENDENT LIVING & 55+ SUPPORTIVE LIVING

Great prices starting at

$1095/mo INDEPENDENT LIVING

$1825/mo SUPPORTIVE LIVING

- Excellent location for active lifestyle
- Western & Chinese cuisines, housekeeping, recreation activities & more
- English, Cantonese, and Mandarin speaking staff
- 24-hr front desk and emergency response system

(403) 290-1088 | info@cloverliving.ca | cloverliving.ca

Suite #100, 120 - 2nd Ave SW, Calgary, AB T2P 3J9

CLOVER LIVING

Be on guard against scams and swindlers

Sadly, every year, con artists target seniors with a number of different scams — everything from pretending to be friend of a grandchild who is in trouble and needs money to a computer expert calling to fix a non-existent problem on your computer and cleaning out your online bank account instead. Scam artists are always coming up with new ways to try to trick seniors out of their money.

But you have to be on the lookout for trickery in some everyday marketing, too. In Canada, it's against the law to outright lie in an advertisement. But every consumer, regardless of age or where we're seeing the adverts — TV, radio, print or Internet — is well served to bring a healthy dose of skepticism.

"Sometimes you see ads that use statistics or other figures that just don't add up," says Cathy Hume, vice-president of the Calgary Seniors Housing Forum Society. "Some ads targeted at seniors contain statistics that are twisted to suit the advertiser's own purpose and sell their product."

Advertisements may also use some language that can confuse the listener, or suggest prices or price comparisons that are hard to substantiate. Always take it with a grain of salt when someone is singing the praises of a product or service — the person raving about an advertiser's offering is most likely an actor being paid to perform a script.

Don't fall for pressure to buy something right away.

"High pressure sales or scare tactics only aggravate emotionally wrenching decisions for a family or a senior," Hume says. "Don't be aggravated by overly dramatic sales pitches, stats or the age old 'limited time offers.'"

Before you buy, make sure you can confirm statistics or pricing. Get more information and don't pressured into handing over your credit card information right then and there. Ask questions, review and substantiate the product offering.

SHUTTERSTOCK

"Seek out assistance if you can't completely be sure what the company is actually saying or offering you," says Hume. "If it doesn't look or sound right — it probably isn't."

Call someone you trust, the Better Business Bureau, or Seniors Housing Forum Society if you have questions about an ad.

"Simply put, some groups don't have your best interests at heart. In fact, their strategy is quite the opposite," Hume says.

"Just remember there's been enough anti-wrinkle cream sold to fill all the swimming pools in the world a thousand times over and yet, everybody still has wrinkles."

LIVE A LIFE
filled with Verve.

Retirement living can be rich inspiring and fulfilling. We know, because we see it in the spirited seniors who call a Verve residence home.

For the passionate and caring staff at Verve, we do whatever we can to create communities where spirit, body, and mind flourish every single day

To learn more about the Verve difference and find a residence near you, visit **VerveSeniorLiving.com**

VERVE INSPIRED SENIOR LIVING Verve

THE LODGE AT VALLEY RIDGE
11479 Valley Ridge Dr. NW
Tel: (403) 286-4414

TRINITY LODGE
1111 Glenmore Trail SW
Tel: (403) 253-7576

PRINCE OF PEACE COMMUNITY
285030 Luther Rose Blvd NE
Tel: (403) 285-5080

LAKE BONAVISTA VILLAGE
11800 Lake Fraser Dr. SE
Tel: (403) 258-1849

Trinity committed to your quality of life

Housing provides support, independence

Wayne Scott was just a few days away from dying, alone, in his apartment. He had lost almost 80 lbs, wasn't eating and was having a really hard time breathing.

His neighbours at Murdoch Manor were worried about him and they approached staff from the Trinity Place Foundation of Alberta (TPFA) — the 41-year-old Calgary organization that offers affordable housing for more than 1,200 seniors at 10 properties throughout the city.

When Trinity staff met Scott, they took him to urgent care where he was diagnosed with a severe lung infection and hospitalized. When he came home two weeks later, they helped set up his apartment to manage his recovery, connected him with a number of community services, and checked in on him regularly.

"Once I got home, they helped me arrange temporary home care, grocery delivery service and Meals on Wheels," Scott says. "They also gave me moral support and encouragement that helped me through my recovery."

Scott is just one of the success stories of Trinity's new Independent Living Skills (ILS) program. It started after the floods that ravaged Southern Alberta in 2013. Three TPFA buildings in East Village were flooded and 600 people were moved to temporary facilities that provided meal service and light housekeeping, services they didn't have at their independent living residences.

Some of them thrived with these extra supports, and the ILS program was born to provide short-term support to seniors to maintain their ability to live independently.

"We like to do innovative things to help people who are in need of housing," says CEO Lawrence Braul. "The ILS program has been running for more than a year and we're getting good data, good results in terms of the impact that it has."

Trinity is much more than a property management company. It is committed to providing housing, a variety of supports and community partnerships to help seniors maintain their independence and quality of life.

"We operate on the basis of our mission — to enrich the quality of life of low-income seniors in Calgary with innovative programs and services and effective administration of the housing we manage," Braul says. "We take that role in our city and our society seriously."

The Trinity Place Foundation's Parkdale Manor. CONTRIBUTED

And that makes a difference in hundreds of lives. Just ask Scott.

"If they hadn't convinced me to go to urgent care, I wouldn't be here to tell the story," he says. "The doctors told me I was two days away from death."

Transforming the Experience of Aging.

United Active Living supports older adults to lead full, active and healthy lives, regardless of age or physical condition. Research guides our activities, programs and lifelong learning opportunities as we find creative, new ways to promote conscious aging at our communities. United provides innovative independent and assisted living options, including 24-hour private care services and our exclusive Memory Select program, which provides a safe, nurturing environment where seniors with dementia and cognitive challenges enjoy a positive life experience.

Call **403-249-5505** for a personalized tour or visit **www.UnitedActiveLiving.com**.

UNITED ACTIVE LIVING COMMUNITIES

GARRISON GREEN
3028 Don Ethell Boulevard SW, Calgary, Alberta

FISH CREEK
146 Avenue and 1st Street SE, Calgary, Alberta

Tyson Fury defeated Wladimir Klitschko by unanimous decision to end the Ukrainian's 9.5-year reign as heavyweight boxing champion

Eskimos put Grey Cup on ice

CFL

Redblacks denied their first league championship

SUNDAY In Winnipeg

26	20

Jordan Lynch's one-yard touchdown run with 3:22 remaining rallied the Edmonton Eskimos to an exciting 26-20 Grey Cup win over the Ottawa Redblacks on Sunday night.

Lynch successfully converted the third-and-one situation to cap a five-play, 78-yard drive. Quarterback Mike Reilly's three-yard pass to Akeem Shavers for the two-point convert erased a 20-18 advantage.

The drive was aided by Edmonton head coach Chris Jones challenging an incompletion that was ultimately changed to pass interference against Ottawa's Brandon Sermons. That gave the Eskimos the ball at the Redblacks' 10-yard line.

It was a dramatic finish for the Investors Group Field sellout of 36,634, the second-smallest Grey Cup attendance since 1975. It was the fourth time the CFL title game was played in Manitoba, and the first since 2006.

Edmonton secured its first Grey Cup title since 2005 and 14th overall in a record 25th appearance. Only Toronto (16) has won more.

The Eskimos also finished the season registering their 10th straight win, all coming after Reilly returned as the club's starter. He suffered a knee injury in Edmonton's season-opening loss to Toronto.

It was a bitter ending to the season for Ottawa, appearing in its first Grey Cup since a 26-23 loss to Edmonton in 1981. The city's last CFL championship came in 1976 with the former Rough Riders.

The contest was a defensive battle, especially in the second half as Edmonton outscored Ottawa just 9-4. But after falling behind 13-0 early in the first quarter, the Eskimos outscored the Redblacks 26-7.

Edmonton players receive $16,000 for the win while the Redblacks get $8,000 apiece. The game-time temperature was -5 C but the 15-kilometre-an-hour wind created a windchill of -10 C.

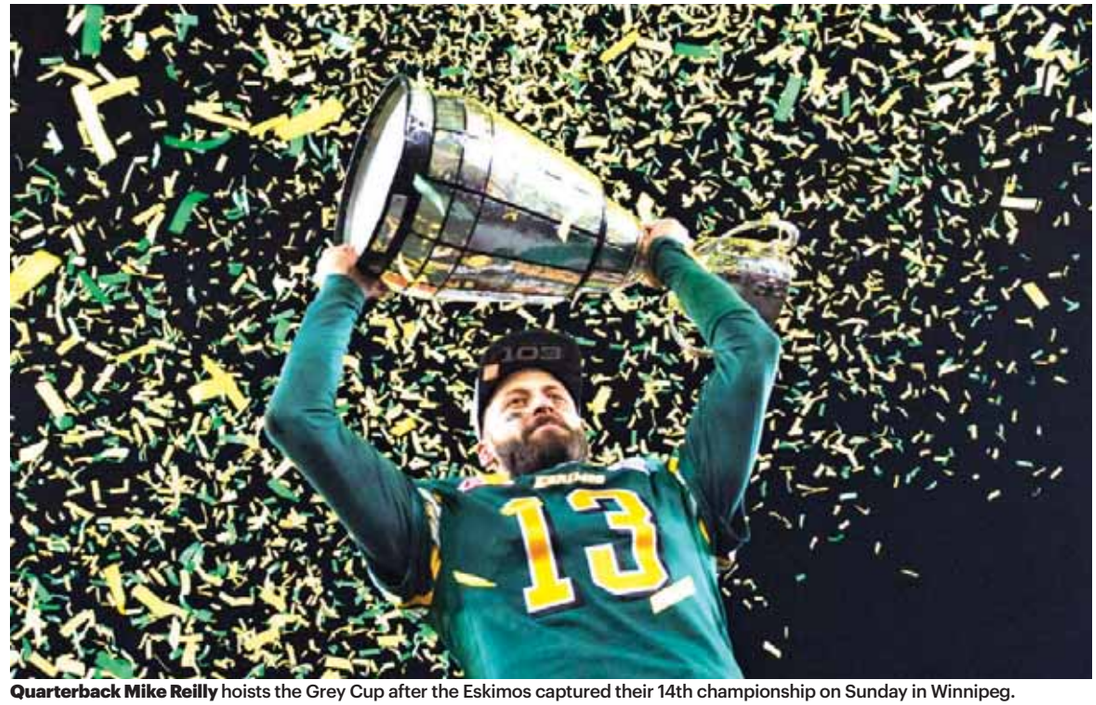
Jones compiled a 26-10 regular-season record over his two seasons as Edmonton's head coach. Now the question remains how long he'll remain with reports the Saskatchewan Roughriders will ask permission to speak with Jones about their vacant head coach and GM positions.

This Grey Cup game was indeed a matchup of the best teams in the East and West Divisions. Ottawa (12-6) finished atop the Eastern conference after winning just two games in its inaugural 2014 season while Edmonton (14-4) finished tied with Calgary for the league's best record but secured top spot in the standings based after winning the season series with the Stampeders.

The Redblacks' Grey Cup appearance capped an amazing transformation for the franchise. On Thursday, head coach Rick Campbell (coach of the year), quarterback Henry Burris (outstanding player), receiver Brad Sinopoli (top Canadian) and SirVincent Rogers (lineman) were honoured at the league's awards banquet.

But Ottawa finished 0-3 versus Edmonton this year, the first two losses coming in July with Reilly on injured list.

THE CANADIAN PRESS

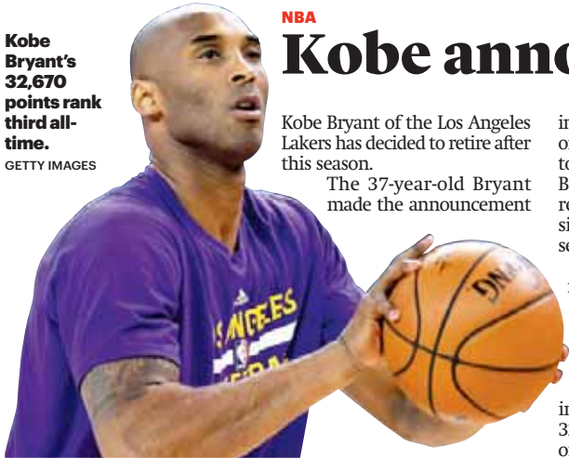


Quarterback Mike Reilly hoists the Grey Cup after the Eskimos captured their 14th championship on Sunday in Winnipeg.

NATHAN DENETTE/THE CANADIAN PRESS

MVP

Mike Reilly was named the game's most valuable player upon completing 21 of 35 pass attempts for 269 yards and two touchdowns. Edmonton's Shamawd Chambers was named the Canadian MVP.



Kobe Bryant's 32,670 points rank third all-time.

GETTY IMAGES

NBA

Kobe announces his 20th season will be his last

Kobe Bryant of the Los Angeles Lakers has decided to retire after this season.

The 37-year-old Bryant made the announcement in a post on The Players' Tribune on Sunday. The decision was not totally unexpected, given that Bryant has said many times in recent weeks that he was considering making his 20th NBA season his last.

There's no more wondering now.

After two decades, two Olympic gold medals, five championship rings, 17 all-star selections, an 81-point game that ranks as the second-best in NBA history and more than 32,000 points, Bryant's career is officially winding down.

25.3

Bryant's 25.3 points per game over his career is 11th best in NBA history.

"This season is all I have left to give," Bryant said in what he called a letter entitled "Dear Basketball."

Bryant said in an interview on Sirius XM Radio just last week that "if something changes," he would come back and play next season. Only a few days later, that's apparently no longer an option.

"My heart can take the pounding. My mind can handle the grind. But my body knows it's time to say goodbye," Bryant wrote in the post. "And that's OK. I'm ready to let you go. I want you to know now. So we both can savour every moment we have left together. The good and the bad. We have given each other all that we have."

Bryant ranks third on the NBA's career scoring list, and only 13 players in league history played on more championship teams. Bryant helped the Lakers to titles in 2000, 2001, 2002, 2009 and 2010.

"Kobe Bryant is one of the greatest players in the history of our game," NBA commissioner Adam Silver said. "Whether competing in the Finals or hoisting jump shots after midnight in an empty gym, Kobe has an unconditional love for the game. I join Kobe's millions of fans around the world in congratulating him on an outstanding NBA career and thank him for so many thrilling memories." THE ASSOCIATED PRESS

Crawford, Smith win mixed-relay silver

Calgary's Nathan Smith, left, in action during the single mixed relay event on Sunday. MARIE BIRKL/TT VIA THE ASSOCIATED PRESS

BIATHLON

Albertans begin World Cup season on a high note

Rosanna Crawford and Nathan Smith teamed up to win the silver medal in the season-opening single mixed relay on Sunday at a biathlon World Cup event in Ostersund, Sweden.

Crawford, from Canmore, and Calgary's Smith, clocked a time of 36:40.5.

"This is a really great way to start the season," said Smith. "There is always uncertainty and extra nerves at this time of year until you get to see how you actually stack up against the competition. The first race after travel can be more painful so the shorter relay formats are the perfect way to warm up for the 20km individual in a few days."

Rosanna Crawford
GETTY IMAGES FILE

Norway finished 11.9 seconds ahead of the Canadians in a see-saw affair to take the top spot on the podium with a time of 36:27.3. Smith won the sprint for the silver, forcing the Germans into the bronze-medal position with a time of 36:40.5.

The result is early validation for 29-year-old Smith. Last season he won his first World Cup race and become the first Canadian male ever to win a World Championship medal in biathlon when he claimed the silver.

Last year Crawford, 27, earned a fourth- and fifth-place finish to go along with a handful of other top-10 results.

THE ASSOCIATED PRESS

NFL

Wilson shoulders Seahawks to victory

Russell Wilson's career-best day proved better than a record-setting performance by Ben Roethlisberger.

Wilson threw a career-high five touchdown passes, including two TDs to Doug Baldwin in the final 8:12, and the Seattle Seahawks held on for a wild 39-30 win over Roethlisberger and the Pittsburgh Steelers on Sunday.

Wilson threw three touchdowns to Baldwin, including an 80-yard catch-and-run score with 2:01 left after Pittsburgh had trimmed Seattle's lead to 32-30.

Baldwin caught a crossing route on third-and-10 at the 20, broke two tackles and raced for the clinching score. Baldwin caught a 30-yard TD midway through the fourth quarter after Pittsburgh had taken a 27-26 lead.

456

Roethlisberger threw for 456 yards — the most ever against the Seahawks — but was pulled with two minutes left and taken to the locker-room for concussion protocol.

Wilson also threw two touchdowns to Jermaine Kearse and Seattle (6-5) picked up a huge victory in its hopes of getting back to the post-season.

The Steelers (6-5) had a two-game win streak end.

THE ASSOCIATED PRESS

NHL IN BRIEF

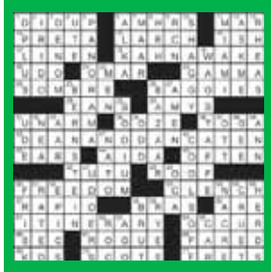
Campbell leads Panthers to OT win over Red Wings

Brian Campbell scored at 1:20 of overtime, lifting the Florida Panthers a 2-1 victory over the Red Wings on Sunday for their fifth straight win in Detroit.

Campbell helped set up Reilly Smith's tying goal at 14:38 of the third period as the Panthers earned at least a point in a seventh consecutive game at the Joe Louis Arena. They haven't lost in regulation at Detroit since Dec. 15, 2007.

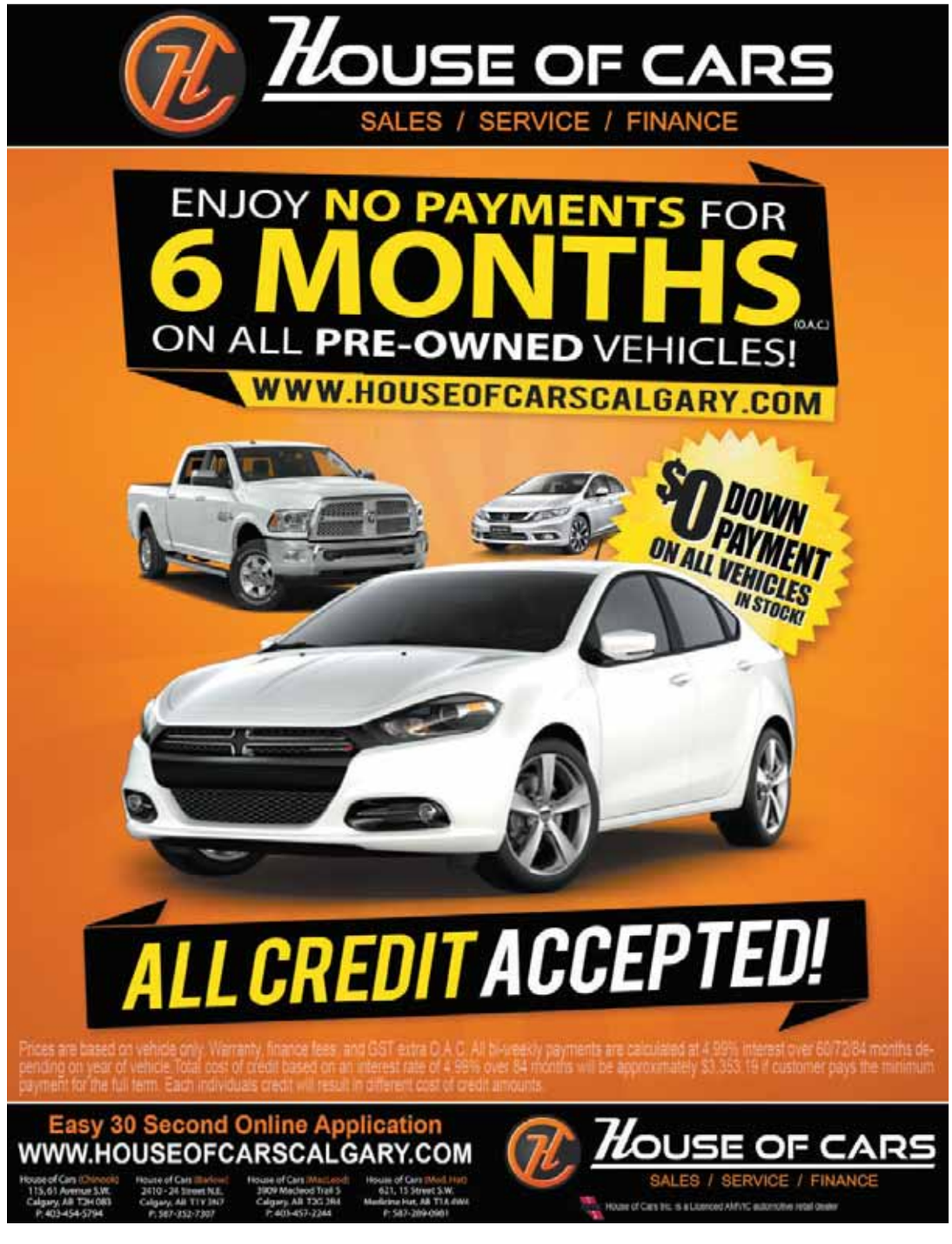
THE ASSOCIATED PRESS

PLAY Friday's Answers
from your daily crossword and Sudoku



5	7	4	3	2	8	6	1	9
2	1	8	6	9	5	7	3	4
9	3	6	1	4	7	2	5	8
8	5	3	7	6	9	4	2	1
6	4	1	8	3	2	5	9	7
7	9	2	4	5	1	8	6	3
4	8	5	2	1	3	9	7	6
3	2	7	9	8	6	1	4	5
1	6	9	5	7	4	3	8	2

for more fun and games go to metronews.ca/games


HOUSE OF CARS
SALES / SERVICE / FINANCE
ENJOY NO PAYMENTS FOR
6 MONTHS
(O.A.C.)
ON ALL PRE-OWNED VEHICLES!
WWW.HOUSEOFCARSCALGARY.COM
$0 DOWN PAYMENT ON ALL VEHICLES IN STOCK!
ALL CREDIT ACCEPTED!
Prices are based on vehicle only. Warranty, finance fees, and GST extra O.A.C. All bi-weekly payments are calculated at 4.99% interest over 60/72/84 months depending on year of vehicle. Total cost of credit based on an interest rate of 4.99% over 84 months will be approximately $3,353.19 if customer pays the minimum payment for the full term. Each individuals credit will result in different cost of credit amounts.
Easy 30 Second Online Application
WWW.HOUSEOFCARSCALGARY.COM
House of Cars (Chinook) 115, 61 Avenue S.W. Calgary, AB T3H 0B3 P: 403-454-5794
House of Cars (Barlow) 2610 - 24 Street N.E. Calgary, AB T1Y 3N7 P: 587-252-7307
House of Cars (MacLeod) 3909 Macleod Trail S Calgary, AB T2G 2R4 P: 403-457-2244
House of Cars (Med. Hat) 621, 15 Street S.W. Medicine Hat, AB T1A 4W4 P: 587-289-0901
HOUSE OF CARS
SALES / SERVICE / FINANCE
House of Cars Inc. is a Licenced AMVIC automotive retail dealer

RECIPE Italian Wedding Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You don't need to be getting married to enjoy this hearty, comforting soup.

Ready in
Prep time: 20 minutes
Serves 4

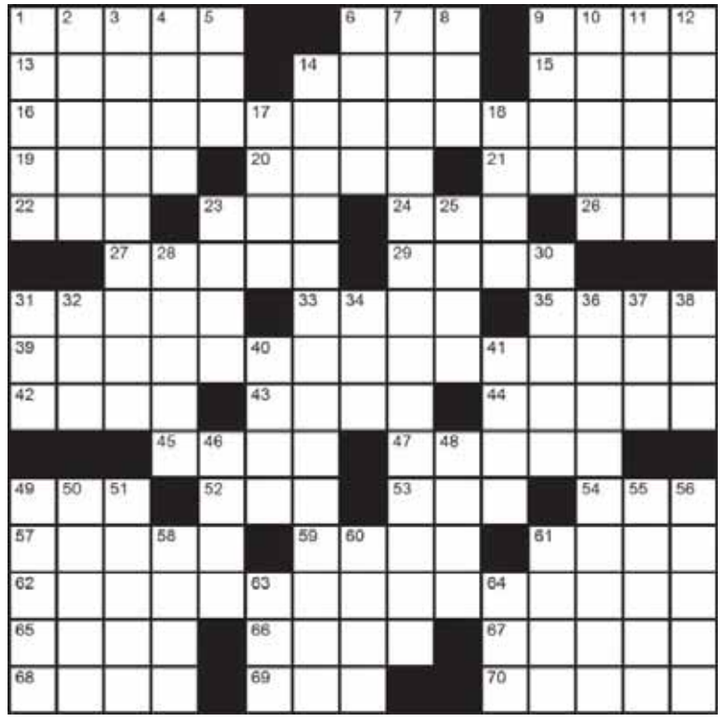
Ingredients
- 1/2 lb ground turkey
- 3 Tbsp bread crumbs or panko
- 1 Tbsp grated Parmesan
- 2 cloves garlic, minced and divided
- 1 Tbsp olive oil
- 1 onion, finely chopped
- 2 carrots, chopped into 1/4-inch disks
- 1 tsp finely chopped fresh rosemary
- 6 cups low-sodium chicken broth
- 1 Parmesan cheese rind
- 3/4 cup orzo
- 1 head of spinach, chopped into ribbons
- Salt and pepper to taste

Directions
1. Preheat your oven to 375 F.
2. In a large bowl, mix turkey, bread crumbs, grated cheese and half of the garlic until well combined. Roll into 1-inch balls. Place meatballs on a baking sheet and bake for 10 minutes.
3. In a large pot, warm olive oil over medium heat. Add onion and carrots and soften for about 3 minutes. Add the remaining garlic and rosemary and cook for another minute.
4. Add broth and the rind of Parmesan. Simmer for 7 minutes.
5. Add the orzo and continue to simmer for 6 minutes. Carefully add the meatballs to the soup and allow to simmer for 4 minutes. Toss in the spinach and stir. Serve with grated Parmesan.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Aussie singer Ms. Goodrem
6. Mr. Hope
9. Pencil stubs
13. Self-evident truth
14. Movie studio
15. Maureen Forrester piece
16. _-_ _ (Prime Minister Mackenzie King's portrait is on the front of it)
19. Skedaddle
20. "So this ain't the _ _ saw you again, today..." - Heart, "Barracuda"
21. Hydro bill factor
22. Affirmative
23. Grad cap wearer's honour, briefly
24. Bird's beak
26. Skirt's finished edge
27. Burglar
29. There's none during a blackout [abbr.]
31. Cheque recipient
33. Siberian city
35. Roman's 1502
39. What websites do on Cyber Monday: 2 wds.
42. Nest locale
43. Prefix with 'sphere'
44. Brian of Canadian figure skating
45. "_ Bridges" ('90s series starring Don Johnson)
47. Deluxe
49. '25' for Adele
52. Alkali
53. Rihanna's "_ de Replay"
54. Kitchen utens.
57. Ancient Greek city-state
59. Foremost
61. Itty-bitty bit
62. Shorebird that breeds at a similar-sounding (to the answer's first word) Bay in Canada: 2 wds.
65. Hollywood star
66. Annoyance
67. Pumps parts
68. Denizen of Denmark
69. Oom-_ (Tuba sound)
70. "When Harry Met _..." (1989)

DOWN
1. Duck pal for Bugs Bunny
2. Deport
3. Modus vivendi
4. Hold a handbag
5. Ms. Schumer
6. Daring
7. Lots of it happens on Cyber Monday: 2 wds.
8. Not _ _ long shot
9. Captures
10. Dickensian schemer Mr. Heep
11. Hogwash
12. 1692's witchy vicinity
14. Celtic folk tune about a Cape Breton river: 4 wds.
17. '90s band, _-Lite
18. Contraption cartoonist Mr. Goldberg
23. Carpe _!
25. Ms. Gruning of "Casablanca" (1942)
28. Stage/film actress Ms. Hayes
30. Astronaut titles, e.g.
31. Calif. clock setting
32. Ireland's _ Lingus
34. Roman's 1900
36. Item for drying in the kitchen: 2 wds.
37. 'Real' suffix in England
38. Suffix with 'Court'
40. Simple
41. Sentence part
46. Moreover
48. Lengthy
49. Ladybug's louse-y lunch
50. Dutch cheese
51. Iowa city which is the setting of 1930 painting American Gothic
55. Tranquil
56. Fall guy
58. 1888 W.B. Yeats poem, The Lake _ of Innisfree
60. Oooh's friend
61. Notion
63. Tom Mulcair's pol. designation
64. Surnamesakes of Canadian actress Sandra

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't tell people what you think they want to hear. They will notice if your words sound insincere. Tell the truth, no matter how much it might hurt.

Taurus April 21 - May 21
If you have fallen out with someone now is the time to kiss and make up. You will find just the right words to convey how much you regret any misunderstandings and they will go out of their way to say sorry too.

Gemini May 22 - June 21
Don't push yourself harder than you need to. Cosmic activity in the area of your chart that governs wellbeing encourages you to share your workload. Partners and colleagues will help if you ask nicely.

Cancer June 22 - July 23
Time is precious and you must not waste it. Certainly don't let others waste it. Focus your energy on activities that mean something to you.

Leo July 24 - Aug. 23
A rival seems to be getting the better of an argument but maybe your opinions are not as good as you thought they were. Check your facts carefully and be ready to admit that you were wrong.

Virgo Aug. 24 - Sept. 23
Not everyone can live up to your high standards so don't make a fuss if someone falls short today. They are more likely to respond to words of encouragement than to accusations that they are not trying hard enough.

Libra Sept. 24 - Oct. 23
Pay attention only to things that matter personally. If you let your mind wander you may lose to a rival who does not possess your abilities but knows the value of concentration.

Scorpio Oct. 24 - Nov. 22
Focus on what is important to the exclusion of everything else. You have wasted a lot of time on things that don't bring you closer to your goals.

Sagittarius Nov. 23 - Dec. 21
You may be a bit more subdued than usual over the next few days but everything is relative and most likely by other peoples standards you will still be the life and soul of the party. On an inner level though questions need to be answered.

Capricorn Dec. 22 - Jan. 20
You know what you like and what you dislike but as from today you will take a more relaxed attitude toward people who think, feel or act in ways you do not always agree with.

Aquarius Jan. 21 - Feb. 19
This is an important time for your work and career and over the coming week you will get the chance to make an impression on employers. If you think your talents are being overlooked now is the time to speak up.

Pisces Feb. 20 - March 20
Your thinking will be deeper and wider over the next few days as you leave behind trivial matters and focus on what really counts. Also, try to worry less about money.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		6		7		4		
	5						7	
2		1	9			3		5
						8		
5				9				2
		4						
3		8			4	7		6
	4						8	
		9		6		1		

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

GET AHEAD OF THE CROWD
YOUR CAREER TRAINING STARTS NOW!
BUSINESS, HEALTHCARE, IT, LEGAL, HOSPITALITY AND MORE!
CALGARY NORTHEAST (403) 569-8973
CALGARY SOUTH (403) 252-8973
Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca

EARN YOUR PAYCHEQUE while you EARN YOUR DEGREE

Designed for working adults, our downtown Calgary Campus offers evening and Saturday classes to accommodate your busy schedule. Earn a Bachelor of Management – and keep your day job, too!

APPLY BY DECEMBER 1
for Spring 2016

Maaike van Gogh | BMgt '15

ulethbridge.ca/future-student/calgary

University of Lethbridge

FIAT LUX

Calgary Campus

OLYMPIA LIQUOR
COLD BEER & WINE

OLYMPIALIQUOR.CA

WISER'S DELUXE
21.99
750ml

ABSOLUT VODKA
19.99
750ml

BACARDI WHITE RUM
17.99
750ml

JACK DANIEL'S
With on pack
25.99
750ml

BAILEY'S IRISH CREAM
24.99
750ml

COPPER MOON CAB. SAUV
CAB. SAUV, PINOT GRIGIO & MALBEC
6.99 EACH
750ml

MARTINI ASTI
8.99
750ml

WYNDHAM ESTATE BIN 555 SHIRAZ
10.99
750ml

ALAMOS MALBEC
9.99
750ml

APOTHIC RED & WHITE
9.99 EACH
750ml

WOLF BLASS YELLOW LABEL
CAB. SAUV & CHARDONNAY
10.99 EACH
750ml

HEINEKEN LAGER 12PK BOTTLES
23.99

LUCKY LAGER 15PK CANS
16.99

KEYSTONE LAGER & LIGHT 15PK
17.99 EACH

BUDWIESER, BUD LIGHT, KOKANEE
15PK CANS
23.99 EACH

BIG ROCK TRAD & GRASS HOPPER 12PK BOTTLES
17.99 EACH

GUINNESS 8PK CANS
19.99
750ml

MOLSON CANADIAN & COORS LIGHT
15PK CANS
23.99 EACH

OLYMPIA LIQUOR
COLD BEER & WINE

STORE HOURS

MONDAY TO SATURDAY
10:00 AM - 10:00PM
SUNDAY & HOLIDAYS
10:00 AM - 7:00PM

Prices are valid Nov 30th - Dec 2nd

VISA MasterCard Interac

We reserve the right to limit quantities, whiles supplies last. Products may not be exactly as illustrated.Prices do not include GST & Bottle deposit.

CHINOOK	MIDNAPORE	WESTGATE	EVERGREEN	CENTRE NORTH	BEACON HEIGHTS	MACLEOD TR.	CREEKSIDE	MARBOROUGH	46 AVE MACLEOD TR. SW
#20 6624 Centre St. NE	15116 Bannister Rd. SE	3708-17 AV SW	Bay 302,2250-162 Ave SW	1915 Centre St. NW	260,12024 SarceeTe. NW	260,9950 - Macleod Tr. SE	12290 - Symons Valley Rd. NW	#114-438 - 36St. NE	4614-Macleod Tr. SW
Ph.403.259.5906 Fx.403.259.5602	Ph.403.254.6666 Fx.403.201.4989	Ph.403.685.1114 Fx.403.685.1130	Ph.403.873.5076 Fx.403.873.5078	Ph.403.452.7300 Fx.403.452.7305	Ph.403.265.1331 Fx.403.265.1332	Ph.403.290.0362 Fx.403.290.0363	Ph.403.263.9938 Fx.403.873.9939	Ph.587.470.9811 Fx.587 .470.9822	Ph.403.245.6527 Fx.403.245.6529